ORIENTEERING ACT

OCEANIA ORIENTEERING CHAMPIONSHIPS 2026
26 SEP–04 OCT
NGUNNAWAL COUNTRY

AUS SCHOOLS ORIENTEERING CHAMPIONSHIPS 2026
29 SEP–01 OCT
NGUNNAWAL COUNTRY

OCEANIA ORIENTEERING FLIGHT OF THE BOGONG 2026
29 SEP–01 OCT
NGUNNAWAL COUNTRY

BULLETIN 2

v3 | 17 September 2026

Text additions or changes since v1 (published 10 September) appear in this bold orange text.

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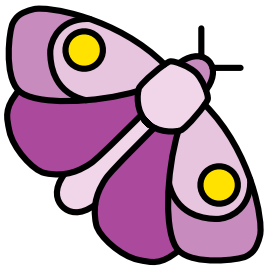
ACKNOWLEDGEMENT OF COUNTRY

We acknowledge and celebrate the first peoples of the lands on which we meet and compete, the Ngunnawal, Ngambri and Ngarigo peoples. We recognise their ongoing connection to and care of this Country and pay respect to the Elders past and present, and to all Aboriginal and Torres Strait Islander people.



THE BOGONG MOTH

The icon of this carnival, the bogong moth (*Agrotis infusa*), is a native nocturnal migratory moth. During autumn and winter, it breeds mainly in southern Queensland and western New South Wales, west of the Great Dividing Range, and is found also in western Victoria, Tasmania, South Australia and Western Australia. During spring, the moths migrate south or east to the Australian Alps, apparently navigating by the stars and the earth's magnetic field, sometimes deviating or being blown by winds via Canberra. Their travel can involve a journey of up to about 1000 km – perhaps as far as you will travel to this carnival!

During their summer in the Alps, they aestivate (a state of deep sleep or inactivity) in large numbers in cool crevices among the rocks. Historically they have been an important food source, not only for native wildlife, such as the mountain pygmy possum, but also for Aboriginal peoples from Countries in and around the Alps, who came together during summer to feed on the moths and conduct intertribal business.

In recent years, the bogong moth population has declined sharply, with the decline blamed on increasingly severe droughts in their breeding areas and increased temperatures at aestivation sites, both resulting primarily from climate change. Consequently, the species has been listed as Endangered by the International Union for the Conservation of Nature. It is not yet formally listed as threatened in Australia, due to insufficient information, but much research, some of it involving citizen scientists, is ongoing to understand better the flight paths of the bogong moths.

THANK YOU TO OUR SUPPORTERS

LANDOWNERS & MANAGERS

ACT Parks and Conservation Service
- 'Bogong Creek' in Namadgi National Park
- 'Honeysuckle Creek' in Namadgi National Park
- 'Mt Ainslie South'
- 'Pine Island'

Australian National University
- 'ANU South'

Orana Steiner School
- 'Orana School'

Stromlo Forest Park
- 'Mount Stromlo'

SUPPORTERS & SPONSORS

WELCOME

On behalf of Orienteering Australia, I welcome all competitors to this 2026 International Orienteering Federation (IOF) Oceania Regional Championships Carnival across the 3 forest formats.

IOF Regional Championships are an important part of the major global orienteering annual calendar, more so in the 21 Elite classes where victories in the Middle Distance and Long Distance provide direct entry to the 2027 World Orienteering Championships to be held next year in Veszprém, Hungary. The Carnival will also host the 2026 Australian Schools Orienteering Championships (ASOC).

Orienteering Australia extends a sincere thank you to the clubs of Orienteering ACT (OACT) as the event organisers. The organising team led by Natalie Smith have been working very hard to put on a great event for not just the IOF Oceania Championships in Senior, Youth and Junior divisions but across all age classes and the conduct of ASOC. It promises to be an exciting week of orienteering in and around our national capital and will be a wonderful showcase of orienteering.

Orienteering Australia is proud to support the Championships through funding from the Whiteside Bequest. A sincere thank you to the owners of the event venues for their permission to access for the Championships, the ACT Government and other sponsors and supporters of the event.

Please say thank you to all the wonderful volunteers who have worked so hard to put on this event for our benefit and enjoyment.

Mike Dowling
Board Chair, Orienteering Australia

Yuma, g'day, kia ora, bonjour! Welcome to Canberra and to Oceania 2026.

OACT is excited to welcome so many interstate and international visitors to our region. In your downtime between races, be sure to check out Canberra's offering of national institutions – there is something for everyone, whether you are interested in art, science, democracy or history. Plus, you are in for a seasonal treat with Floriade on until 11 October!

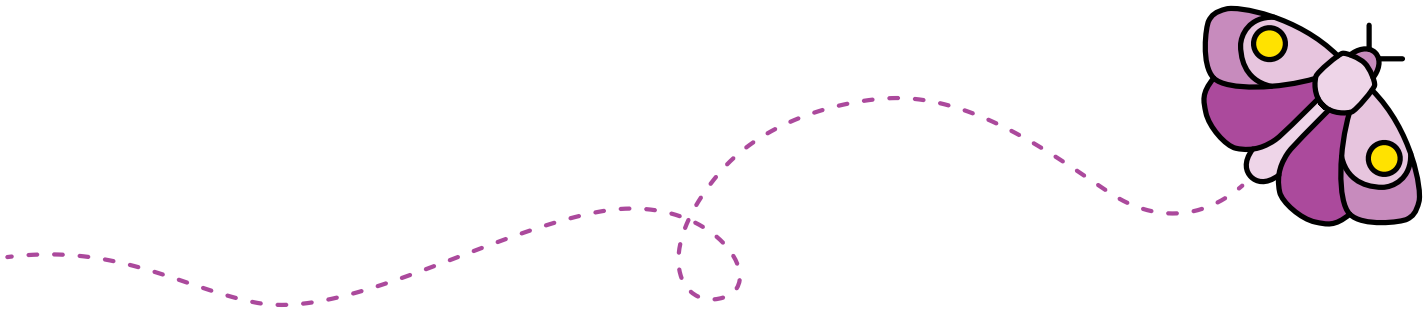
This jam-packed 9 days combines the prestigious Oceania Championships, public races over 3 days known as the Flight of the Bogong, and ASOC. The competition is bound to be fierce, with our ACT schools team defending their national title on home soil.

We all know world-class carnivals like this do not happen by themselves. On behalf of the OACT Board, I extend a sincere thank you and kudos to the organising teams of this mammoth event. They have been led by a dynamo group – Natalie Smith, Cath Chalmers, Allison Jones and our IOF Event Advisor from across the ditch, Gillian Ingham.

A further shout-out goes to our generous sponsors and local partners for providing exceptional services and oodles of great prizes for competitors. Last but certainly not least, thank you to the landowners. Without their support, we would not have access to the high calibre maps you will run on – including a brand new map that inspired the theme for this carnival's logo, Bogong Creek!

Be kind to our volunteers and best of luck to all competitors, whether you're chasing a title or just aiming for a clean run. I hope you enjoy your time in and around the Bush Capital.

Nina Davis
President, OACT



THE OCEANIA 2026 TEAMS

CARNIVAL ORGANISING TEAM

Carnival Directors	Natalie Smith & Allison Jones
Technical Director	Cath Chalmers
IOF Event Advisor	Gillian Ingham
ASOC Coordinator	Allison Jones
Entries	Natalie Smith & Cath Chalmers
Equipment & logistics	Edith Gray & John Shelton Agar
Starts	Phoebe Dent & Mace Neve
Timing & results	Matt Purcell & Max Walter
Arena services	meshO
Information Services	Valerie Barker
Oceania commentary	Ben Rattray & Gareth Candy
ASOC commentary	Owen Radajewski & Cooper Horley
Logo & bulletin design	Nina Davis
Map layouts	Grant McDonald
Website	oceania2026.orienteering.asn.au
Email	oceania2026@act.orienteering.asn.au

EVENT TEAMS

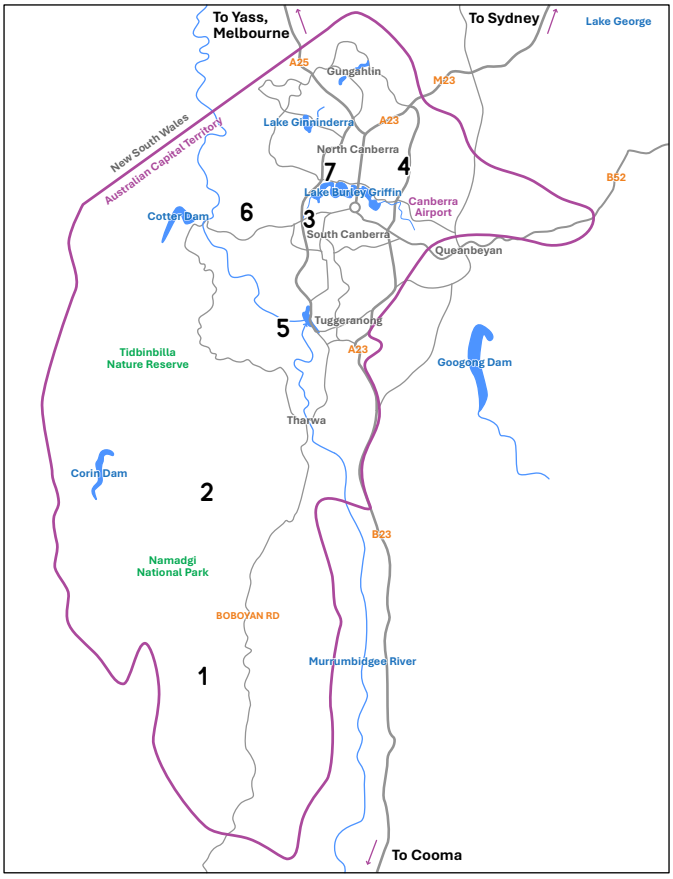
Event	Mapper	Course setter	Controller	Day organiser
Oceania Middle	Fredrik Johansson	Grant Bluett	Shannon Jones	Jenny Bourne & Ann Scown
Oceania Relays	Fredrik Johansson	Eoin Rothery	Cath Chalmers	Emily Walter & Tom Walter
ASOC Sprint & Flight of the Bogong Day 1	Ewan Shingler	Ewan Shingler	Grant McDonald	Dave Meyer
ASOC Long & Flight of the Bogong Day 2	John Shelton Agar	Oscar Brown	Phil Walker	Deirdre Sharkey & Andrew Bishop
ASOC Relays & Flight of the Bogong Day 3	Jon Glanville	Tara Melhuish	Tate Needham	Liz Abbott & Jill Walker
Wildfire Sports Oceania Long	Martin Wehner	Matt Crane	Jo Allison	Jo Hobson
Oceania Sprint	Duncan Currie	Duncan Currie	Matt Stocks	Chris Andersen

OCEANIA 2026 SCHEDULE & LOCATIONS

Date		Event	Map name	Location
Sat 26 Sep	1	Oceania Middle	Bogong Creek	Namadgi National Park
Sun 27 Sep	2	Oceania Relays	Honeysuckle Creek	Namadgi National Park
Tue 29 Sep	3	ASOC Sprint Flight of the Bogong Day 1	Orana School	Orana Steiner School
Wed 30 Sep	4	ASOC Long Flight of the Bogong Day 2	Mt Ainslie South	Mount Ainslie
Thu 01 Oct	5	ASOC Relays Flight of the Bogong Day 3	Pine Island	Pine Island Reserve
Sat 03 Oct	6	Oceania Long	Mount Stromlo	Stromlo Forest Park
Sun 04 Oct	7	Oceania Sprint	ANU South	Australian National University

MAP OF LOCATIONS

[View all 7 arena locations in Google Maps](#).



EVENT DESCRIPTIONS

The Oceania Carnival incorporates the 2026/2027 Oceania Orienteering Championships, the 2026 Australian Orienteering Schools Championships (ASOC) and the Flight of the Bogong events.

International Orienteering Federation (IOF), Orienteering Australia (OA) and Orienteering New Zealand (ONZ) Rules state that Forest Oceania Championships should be held in odd years (i.e. 2027). However, if local conditions are likely to prevent use of suitable orienteering areas, then they may be held late in the previous year. Therefore, our events are the 2027 Championships held in 2026: the 2026/2027 Oceania Championships.

OCEANIA ORIENTEERING CHAMPIONSHIPS 2026 26 SEP–04 OCT NGUNNAWAL COUNTRY

The **Oceania Orienteering Championships** are open to all orienteers from all countries. Oceania Championship titles and places will be awarded to competitors who are citizens of an Oceania country and members of that country's IOF-recognised orienteering federation. We are excited to welcome New Caledonia, representing their federation in Oceania for the first time, alongside Australia and New Zealand.

The Elite (M/W21E), Junior Elite (M/W20E) and Youth (M/W18A and M/W16A) classes will be official IOF Regional Championships and eligible placegetters will be awarded IOF championship medals.

The winners of the Long distance M/W21E courses will be eligible for a personal WOC 2027 place in that event. In the Middle distance, 20E and 21E run the same course so the fastest male and female winner from M20E/21E and W20E/21E will be eligible for a personal WOC 2027 place in that event.

For the Long, Middle and Relay races, Elite, Junior and Youth competitors may run their 2026 age classes, but for the Sprint, they must run in their 2027 age classes.

Competitors in all non-IOF classes and grades (i.e. M/W10–14, M/W35 and above, M/W20A, M/W21A, all short and B grades), may run in their 2026 age classes in all events.

AUS SCHOOLS ORIENTEERING CHAMPIONSHIPS 2026 29 SEP–01 OCT NGUNNAWAL COUNTRY

The **Australian Schools Orienteering Championships** (Sprint, Long & Relay) are open to all school students aged 12–19 years old. They may be members of a State/Territory Team or an International Invited Team, or they may be Independent Competitors.

OCEANIA ORIENTEERING FLIGHT OF THE BOGONG 2026 29 SEP–01 OCT NGUNNAWAL COUNTRY

Immediately following each ASOC race, there will be a public event, open to all. Together these are the **Flight of the Bogong**. There will be a presentation to those with the shortest cumulative time across all 3 days in the same class (Men/Women A–G).

GENERAL INFORMATION

RESPECT FOR LANDOWNERS

Orienteering ACT has **NO smoking**, **NO domestic pets**, **NO littering** and **NO fires** policies at **all** orienteering events.

Anyone not adhering to these requirements will be asked to leave the event.

The organisers ask that all competitors respect the land and landowners.

CANBERRA CLIMATE

In Canberra, the transition from winter to summer occurs in September and October. The average overnight lows are 4°C to 6°C with maximum temperatures varying from 15°C to 20°C. An average of 62 mm of rain for the month and 12 hours of daylight can be expected each day.

Note that the Oceania Middle and Relays on the first weekend will be held in Namadgi National Park at over 1,000 m elevation. Expect temperatures at these sites to be colder than in Canberra.

DAYLIGHT SAVING

Daylight Saving begins on **Sunday 4 October 2026**. At 2:00 am, clocks move forward one hour to 3:00 am, and Canberra changes to **Australian Eastern Daylight Time (AEDT, UTC+11)**.

ARENA & SERVICES INFORMATION

INFORMATION SERVICES

Information Services will be open for enquiries and carnival registration in the arena at each event. Opening time varies – refer to the Event Information for each day.

See Information Services for:

- chest numbers (collection or replacement)
- pre-purchased Oceania 2026 shirts
- hired SI sticks
- SI number changes
- class change requests
- start time stickers for Flight of the Bogong Days 1 and 2
- KID-O activity registration
- enter on the day registration
- making a formal complaint
- a lost and found box.

If a clothing return is operating (see note on page 11), the clothing from the start will be transported to Information Services once the start has closed.

PRE CARNIVAL REGISTRATION

Information Services will be open on **Friday 25 September, 5–7 pm at the Aranda Scout Hall** (address: 3 Kubura Place, Aranda). Competitors can collect their chest numbers, pre-purchased Oceania 2026 shirts and hired SI sticks, and purchase a snag (sausage) or two for dinner!

Southwell Scout Group Scouts and Venturers are fundraising to attend Jamborees in 2027. They will be running a Bunnings style BBQ with a limited range of soft drinks for sale.

EVENT CATERING

Food and drinks will be available for purchase at each event. For details, refer to the Event Information for each day.

ORIENTEERING SHOPS

Colin Price with **aussieogear** and Peter Shepherd with **NSW O Shop** will be at Oceania 2026. Look out for them in the arena or nearby parking area.

KID-O

KID-O activities will be available at each weekend event. Come and collect a KID-O punch card at Information Services each day. Children will use the card to complete the daily activity. Once they complete the activity they will need to get their card 'punched' at Information Services and they will receive a limited edition sticker (5 to collect). At the end of the carnival, all KID-O competitors who have completed their cards will receive a KID-O prize pack.

MOBILE RECEPTION

For most of the Carnival events, mobile reception is excellent. However, for the Oceania Middle and Oceania Relays in Namadgi National Park, mobile reception is unreliable. **Please bring cash for Enter on the day, catering and O shop purchases.**

WATER

There will be **NO** water provided at the event arenas or starts. Bring your own water for hydration before and after each event. Water on the courses will be provided in line with IOF and OA Competition Rules 19.8 and 19.9. Competitors are encouraged to carry their own water on their course should they need more.

RUBBISH

There will be **NO** rubbish bins provided at the event arenas. All competitors are asked to take their rubbish home with them. Please help us leave each arena without a trace of our event.

TOILETS

Portaloos will be provided at each event. Refer to the arena map in the Event Information for each day for their location.

FIRST AID

For the entire Oceania 2026 Carnival, **Get First Aid** will be in the arena and are available to provide assistance to anyone who needs it.

CLOTHING RETURN

In the event of poor weather, there will be an announcement in the arena and a sign on the way to the start to confirm that a clothing return is in operation. This applies to the Oceania Middle, Flight of the Bogong Day 2, Oceania Long and Oceania Sprint events.

Competitors will be able to retrieve their belongings from Information Services after they have finished. Belongings may not be available until after the last start.

RESULTS

meshO are providing radio controls and live results screens in the arena for all events.

Results, splits analysis, graphs, and race replays will be available at events.mesho.live after each event.

Live results will be available via the LiveOL mobile app, or at liveresultat.orientering.se/?lang=en. For the Oceania Middle and Long events, this will be available after the last elite class start.

Results, splits and Livelox will also be available via Eventor after each event.

PHOTOGRAPHY

Competitors may encounter OA accredited photographers during the Oceania 2026 Carnival. Only photos taken by OA accredited photographers will be published by the carnival team, except where competitors have informed the Organisers that they don't give permission for publication.

Anyone intending to take photos at Oceania 2026 which they intend to share on club websites, social media pages or other public platforms, should ensure that they familiarise themselves with Orienteering Australia's Photography Policy (adopted 22 June 2026) and seek appropriate accreditation. This includes respecting the privacy concerns of other competitors, officials, volunteers and spectators, especially children and young people.

CALLING ALL ORIENTEERING ARTISTS!

YOUR CHALLENGE:

Create an artwork that brings together orienteering and the amazing wildlife and landscapes of Mulligans Flat.

You could use pencils, paints, pastels, cut-and-paste collaging or all of the above...let your creativity lead the way!

Head to **mulligansflat.org.au** for some inspiration!

Hand in your artwork to Information Services by **12 pm Sunday 27 September**.

The winner will be announced at 2 pm!

WIN A FAMILY VOUCHER FOR A TWILIGHT TOUR AT MULLIGANS FLAT WOODLAND SANCTUARY

TECHNICAL INFORMATION

COMPETITION RULES

- The Competition Rules for IOF Foot Orienteering Events 1-Jan-2026 including Appendix 11 apply to the relevant classes for events 1, 2, 6 and 7.
- The Oceania Championship Rules and Orienteering Australia Competition Rules 2026 apply to the remaining classes for events 1, 2, 6 and 7 and to the Flight of the Bogong 3-Day events.
- The Australian Schools Orienteering Championships Rules Aug-2026 apply to the Schools Championship events.

FAIR PLAY

The IOF and OA Rules require that the principles of Fair Play are adhered to across the Oceania Carnival. All participants shall compete with **fairness, honesty, respect and a spirit of friendship**. Competitors must not share course or map information with those who are yet to start, remain quiet in the terrain and must not interfere with controls or other course equipment. Respect must be shown to fellow competitors, officials, spectators, landholders, local residents and the environment. The aim is to ensure that everyone competes under the same conditions and that results are determined by navigation, decision-making and physical performance.

All competitors at Oceania 2026 must comply with the applicable anti-doping requirements and may be subject to testing in accordance with Sport Integrity Australia and IOF rules.

WORLD RANKING EVENTS

The Oceania Middle Distance, Oceania Long Distance and Oceania (2027) Sprint Championship events have been designated by the International Orienteering Federation (IOF) as World Ranking Events for M21E and W21E elite classes. At the Sprint and Middle events, this includes all competitors in M20E and W20E since they will be running the same course.

Competitors score IOF Ranking points at these events if they have registered as an Athlete in **IOF Eventor,** have included their IOF Athlete ID in their Eventor Australia profile and their entry name matches that associated with the IOF Athlete ID. Any athletes entered in the elite classes without an IOF Athlete ID should register in IOF Eventor **before** the Carnival and add their IOF ID number to their Eventor Australia profile**.**

There are separate rankings for forest (Middle and Long) and sprint. You can filter the current rankings for gender/discipline/country here – select 'Oceania' and 'All' to see all Australian, New Caledonian and New Zealand athletes.

AUSTRALIA–NEW ZEALAND CHALLENGE

The ANZ Challenge is a long-standing teams competition between Australia and New Zealand, held as part of major orienteering carnivalsin accordance with AUS-NZL Challenge Rules 2024.

Selected competitors represent their country across a range of junior, elite and masters age classes. The visiting nation shall determine the actual classes to be contested in the Challenge. At Oceania 2026 the following age classes will be contested: M/W21, M/W16, M/W18A, M/W20, M/W40, M45, M/W50, M/W55, M/W60, M/W65A, M70A and M75A.

For each individual race (Sprint, Middle and Long), each nation can have up to three selected competitors in a class. The times of the fastest two finishers from each country are added together, and the country with the lowest combined time wins that class.

The class wins are added across the three individual races, with the country recording the most wins taking the **Challenge Cup**.

The Relay Challenge is scored separately, with class wins determining the winner of the **Brown Memorial Trophy**.

NATIONAL ORIENTEERING LEAGUE TEAMS COMPETITION

Oceania 2026 is the final round of the teams competition of the Australian National Orienteering League (NOL).

SOUTHERN CROSS JUNIOR CHALLENGE

The Southern Cross Junior Challenge is held alongside ASOC and is contested by the Australian State/Territory school teams, the invited New Zealand and New Caledonian school teams and the Independent athletes.

The Southern Cross Junior Individual Challenge is an open competition for all eligible competitors. In the ASOC Sprint and Long Distance events, competitors who place 1st, 2nd or 3rd will receive SCJC medallions.

The Southern Cross Junior Team Challenge is a representative team competition between Australian State/Territory teams and the invited New Zealand and New Caledonian teams. Contested across the Sprint Distance, Long Distance and Relay, the team with the highest overall points is awarded the **Southern Cross Junior Challenge Shield**.

MAPS

The Carnival maps have been mapped to the 'International Specification for Orienteering Maps' (ISOM 2017-2 Jan2024) and the 'International Specification for Sprint Orienteering Maps' (ISSprOM 2019-2 Jan2024).

Maps have been printed on Teslin synthetic waterproof paper. There will not be a full legend on the maps. More information can be found on the IOF website on Map Symbols for Forest Orienteering and Map Symbols for Sprint Orienteering.

PREVIOUS MAPS

Previous versions of the maps, where applicable, can be downloaded from the relevant event page on Eventor Australia. The Oceania Middle Distance Championships is a new map which will not be displayed prior to the event.

CONTROL DESCRIPTIONS

Control descriptions will be printed on the front of each map in IOF international symbols. Loose IOF symbol control descriptions will be available for all courses at the start as part of the start process for non-relay events. In addition, M/W10, M/W12, M/W14 and all B classes will have a choice of loose

English or IOF symbols at the start. **NO** loose control descriptions will be used for the Oceania or ASOC Relay events or for the Flight of the Bogong Day 3 (mass start event).

GPS DEVICES

In accordance with IOF and OA rules, competitors may **not** use or carry telecommunication equipment between entering the pre-start area and reaching the finish in a race, unless the equipment is approved by the organiser. GPS devices with no map function or signal to aid the user in finding direction may be carried.

There will be no live tracking at Oceania 2026. Livelox will be available for post-event analysis.

CHEST NUMBERS

Every competitor will be issued with a chest number that must be worn at each event. The chest number must be worn on the front of the competition clothing, at chest height. If you lose or misplace your chest number, please visit Information Services for a replacement.

OCEANIA RELAY

Oceania Relay team chest numbers will be available for collection from Information Services at the Oceania Middle Distance. Relay number collection will be from 12:00 pm onwards. Collection and distribution of Relay team chest numbers will be by:

- **New Caledonian teams**: national relay co-ordinator
- **New Zealand national teams**: national relay co-ordinators
- **ANZ Elite teams**: Natasha Key
- **Non-elite ANZ teams**: Gayle Quantock
- **State/territory teams**: state/territory relay coordinators (for their respective state/territory)
- **Self-nominated teams**: team contact person
- **ASOC Athletes**: ASOC Team Managers (chest numbers for both the ASOC Individual and Relay events)
- **ASOC Independent Athletes**: pick up chest numbers from Information Services or pre carnival registration.

ELECTRONIC PUNCHING / SI AIR CONTACTLESS (SIAC)

Competitors are responsible for ensuring their presence at each control is recorded with an electronic punch. If the SI unit at a control fails to respond, record your presence by using the manual punch in one of the reserve boxes on your map, and notify the download team when you finish. If no correct punch is recorded at a control, you will be listed in the results as MP (mis-punch), or as DNF (did not finish) if you abandoned your course.

All events will have optional SIAC punching. SI units will be in 'beacon mode' for SIAC contactless punching but will also record normal SI sticks that are 'punched' in the normal way. A SIAC battery test unit will be available in the pre-start area to check the battery level of your SIAC stick. If the battery level is too low, the stick will still work in manual punch mode. It must be placed into each control unit (which will flash and beep in the conventional fashion) but there will be no flash or beep from the SIAC stick.

The **CLEAR** SI unit is programmed such that there may not be a beep from the SIAC stick, but there will be a beep from the unit itself.

The **CHECK** SI unit will turn on contactless mode in your stick.

To check that SIAC contactless mode has been turned on, a SIAC ON test unit will be placed in the −3 minute box of the start sequence.

QUARANTINE & FAIR PLAY

Please adhere to routes into the arenas from parking, quarantine requirements and respect all out of bounds areas.

Specific details regarding quarantine can be found in the Event Information for each day.

OCEANIA MIDDLE

There is no formal quarantine. However, M/W21E and M/W20E competitors are **NOT** permitted to visit the arena prior to competing and must adhere strictly to principles of Fair Play. Chest numbers, if not collected at pre registration, will be available at the dedicated tent located at the southern end of the parking area.

ASOC SPRINT

ASOC and Independent athletes will have a quarantine.

OCEANIA LONG

A reverse quarantine will operate for early finishers in M/W21E classes.

OCEANIA SPRINT

IOF Oceania Championships Classes M/W21E, M/W20E, M/W18A and M/W16A will have a quarantine.

ALL competitors are to observe at all times the marked out of bounds areas shown on the arena layouts, according to tapes and signs at the event and on your competition map.

START LISTS

Start lists for all events will be on Eventor. They will also be displayed at Information Services and the pre-start. Split start times for parents have been allocated to those who requested them.

START PROCEDURE

It is each runner's responsibility to be at the start in plenty of time. There will be no call up. Entry to the start sequence will be indicated by a clock displaying the start time. The clock will display the start time of the group entering the start sequence. SI sticks must be cleared with the **CLEAR** unit prior to entering the start sequence.

OCEANIA MIDDLE, WILDFIRE SPORTS OCEANIA LONG, OCEANIA SPRINT, ASOC SPRINT, ASOC LONG

There will be a 3-minute start sequence (see table over page). A pre-start clock will be displayed at the entry to the start sequence. Competitors enter the start sequence when their start time is shown.

Another clock will be displayed at the front of the map boxes. This will display the actual time and will count down to your start time.

Where the start triangle is not at the map pick up, this will be indicated by a sign showing the distance to the start triangle. Follow the clusters of blue, pink and yellow tapes to the start triangle.

−3 minutes	Register and SI check (and optional SIAC on check)
−2 minutes	Collect control descriptions
−1 minute	Stand at correct map box and write your name on the back of your map
Start time (beep)	Pick up map and go

FLIGHT OF THE BOGONG DAYS 1 & 2

There will be **queueing starts** for Flight of the Bogong Days 1 and 2. On the morning of the event, select a start time sticker for your course from Information Services. Attach the sticker to your chest number. Report to the start at least 3 minutes before the start time on the label.

The start procedure will be the same as above except there will be a **punching start** and starts will be at 30 second intervals due to the large number of ASOC competitors.

On the Start 'beep' pick up your map, punch the Start unit, ***then*** look at your map and start your course.

Schools Team Coaches and Managers will be allocated a priority lane.

FLIGHT OF THE BOGONG DAY 3

All courses will have a **mass start**, including Easy and Very Easy courses.

There is also the option of a queueing start that will commence after the mass starts.

OCEANIA & ASOC RELAYS

Both relay events will have a mass start, followed by a 2nd and 3rd leg mass start. At the Oceania Relays there will be several mass starts.

PUNCHING STARTS

M/W10N, Enter on the Day and volunteers, please report to the designated start lane. At the next available opportunity / half minute, you will start by **punching** a START unit.

All **late** starts will be handled in accordance with IOF rule 22.9. This rule states:

> *Competitors who are late for their start time shall be permitted to start. Their new start time must be recorded.*

In an interval start, if the competitor is at the start line less than half the start interval after their start time, they shall start immediately.

In an interval start, if the competitor is at the start line more than half the start interval after their start time, they shall start at the next available half start interval.

For late starters, time adjustments, if appropriate, will be resolved by the Organiser after you finish in accordance with IOF rule 22.10 which states:

Competitors who are late for their start time through their own fault shall be timed as if they had started at their original start time. Competitors who are late for their start time through the fault of the organiser shall be timed from their new start time.

SHADOWING ON M/W10N CLASSES

Shadowing or coaching is not allowed during the Carnival other than in the M/W10N class or on the Easy or Very Easy Enter on the Day courses at each event. Competitors shadowing these classes, must have first completed their own course. Runners entered in M/W10N class shall be given the opportunity to study their course with a parent or mentor before they start.

While nominal start times have been allocated for the M/W10N class, these competitors may use the punching start at any time after the nominal first start time for their class, and before the last start for the event. This will be after the M10A, W10A, and Open Very Easy classes have started.

SAFETY, FIRST AID & INJURIES ON COURSE

Whistles should be carried for all bush events in this Carnival.

Injured competitors who need assistance should blow their whistle six times periodically. It is the duty of all competitors to help injured competitors and render assistance, which may include abandoning your course to provide first aid or to go straight to the finish to raise the alarm.

ENTER ON THE DAY COURSES

Hard, Moderate, Easy and Very Easy courses will be available at each event **except at the Oceania Relay Championships**. Those wanting to enter on the day should visit Information Services to register and pay. **SI sticks are available to hire for $5 per day**.

Event	Senior (ages 21 and older)	Junior (ages 20 and younger)
Oceania Middle	$60	$35
Oceania Long	$65	$40
Oceania Sprint	$40	$20
Flight of the Bogong (per day)	$25	$15

The Start location will be the same as for pre-entry competitors and you should report to the designated start lane. You will be started with a **punching start** as soon as practical.

BUNTING & TAPING

The Oceania 2026 Carnival will use the following taping and marking conventions at all events to provide consistency for competitors:

- **Yellow and black striped tape**: to identify dangerous areas.
- **White OACT tape**: for anything competitors are not permitted to cross or enter, including out of bounds arena boundaries, finish chutes, routes from the finish to download, relay changeover areas.
- **Clusters of blue, pink and yellow tape**: for all taped routes, including from map pick-up to the start triangle, taped routes on courses and optional crossing points.
- **Blue flags**: to assist competitors with the visibility of indistinct tracks.
- **Yellow flags**: to mark the route to the start.
- **Red and white striped tape**: for barriers and out of bounds areas at the sprint events.

FINISHING PROCEDURE

Punch (SI stick) or swipe (SIAC stick) the finish control (which will also turn off contactless mode).

Proceed immediately to the Download Tent and pick up your split times printout.

If you have abandoned your course, you MUST still punch or swipe the finish control and report to the Download Tent. If you don't download, we will start looking for you after the course closure time.

At your last event, remember to return your hired SI stick at the Download Tent.

Maps will be collected at the finish of all Oceania events. Please respect fair play. Do not discuss your course or any other details with competitors who are yet to run. Refer to OA Competition Rule 26.1. For World Ranking Events refer to IOF Competition Rule 26.1. Maps will be available for collection near Information Services after all competitors have started.

If you are unhappy and wish to discuss any aspect of your course or result, please go to Information Services and follow the process below for Complaints and Protests (page 17). Please do not interrupt finish officials or disturb the flow of finishers.

MAXIMUM TIME LIMITS

The maximum time limit for a competitor to complete their course at each event is:

- Oceania Middle Distance: 90 minutes
- Oceania Relay Distance: 120 minutes (individual leg), 240 minutes (total team time)
- Oceania Long Distance: 180 minutes
- Oceania Sprint Distance: 60 minutes
- ASOC Sprint: 60 minutes
- ASOC Long: 100 minutes
- ASOC Relay: 90 minutes (individual leg), 195 minutes (total team time)
- Flight of the Bogong: 60 minutes (sprint), 90 minutes (long), 80 minutes (mass start)

In the event of a competitor/relay team taking longer than the above time limits, an OT (over time) will be registered in the results.

COURSE CLOSURE

These are advertised in the Event Information for each day and printed on your map. At this time the timing system will be shut down and volunteers will commence collecting controls. All competitors MUST have reported to the Download Tent prior to the course closure time. This means that if you are still on your course and will not finish by the course closure time, you must abandon your course and return to the finish. If you do not do this, the organiser will need to commence search and rescue procedures.

COMPLAINTS, PROTESTS & JURY

Competitors who are unhappy or uncertain about any aspect of the competition are advised to report the issue to Information Services immediately. Information Services will notify the relevant event official of your issue. If, following discussion with an appropriate official, you wish to make a **formal complaint**, you must lodge it in writing with Information Services no later than 15 minutes after the results for the relevant age class are complete. Information Services team will note the complaint and deliver it to the Organiser. Competitors affected by the decision will be advised of the Organiser's response as soon as possible.

If a competitor, team official or event official wishes to **protest** about the outcome of a complaint, the protest must be lodged in writing with Information Services team no later than 15 minutes after the outcome of the complaint is notified to all competitors affected by the decision. Protests received after this time limit may be considered at the discretion of the jury if there are valid exceptional circumstances which must be explained in the protest. Information Services team will contact the appropriate officials to deal with the protest.

There is no fee for lodging a complaint or protest.

IOF have appointed the following juries for Oceania 2026:

OCEANIA MIDDLE

- Cathy McComb (AUS)
- Alister Metherell (NZ)
- Paul Prudhoe (AUS)
- Reserve – Bruce Arthur (AUS)

OCEANIA RELAY

- Michael Croxford (NZ)
- Christine Brown (AUS)
- Tane Cambridge (NZ)
- Reserve – Ted Van Geldermalsen (AUS)

LONG

- Robin Uppill (AUS)
- Alister Metherell (NZ)
- Marquita Gelderman (NZ)
- Reserve – Mark Shingler (AUS)

SPRINT

- Ted Van Geldermalsen (AUS)
- Christine Brown (AUS)
- Marquita Gelderman (NZ)
- Reserve – Paul Prudhoe (AUS)

Complaints and protests will be handled by the event organiser and jury in accordance with the relevant (IOF and/or OA) Competition Rules.

PRESENTATIONS

OCEANIA CHAMPIONSHIP EVENTS IOF CLASSES & AWARDS

The IOF classes for the Oceania carnival are:

- Oceania Orienteering Championship (OOC): M21E and W21E
- Oceania Junior Orienteering Championship (OJOC): M20E and W20E
- Oceania Youth Orienteering Championship (OYOC): M18, W18, M16 and W16

For these 8 classes, places 1–3 will be awarded **IOF Medals and Diplomas**, and places 4–6 will be awarded **IOF Diplomas**. Eligibility for these awards is in accordance with the IOF Oceania Championship Rules.

ANZ CHALLENGE

The **Challenge Cup** will be awarded to the nation with the most class wins from the Individual races.

The **Brown Memorial Trophy** will be awarded to the nation with the most class wins in the Relay championship.

DAY-BY-DAY EVENT INFORMATION

Oceania Middle 20
Oceania Relay. 25
ASOC Sprint & Flight of the Bogong Day 1 30
ASOC Long & Flight of the Bogong Day 2 34
ASOC Relay & Flight of the Bogong Day 3. 37
Wildfire Sports Oceania Long 40
Oceania Sprint 45

thank you
TO OUR
LOCAL BUSINESS SUPPORTERS

BROOD
tasty tasty burgers

all your fresh produce needs
The COOK GROCER

TO ALL MY FRIENDS
craft beers & hand-stretched pizzas

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little oink

VISIT THEM TO REFUEL BETWEEN RACES AND SUPPORT LOCAL WHILE YOU ARE IN TOWN!

OCEANIA MIDDLE
SATURDAY 26 SEPTEMBER 2026

Location	Namadgi National Park
Google Maps link	maps.app.goo.gl/LG7q3aJWJmGPdCQ29
Map	Bogong Creek 1:10 000 & 1:7 500 5 m contours
Paper size	SRA4

Mapper	Fredrik Johansson	
Course Setter	Grant Bluett	
Controller	Shannon Jones	
IOF SEA	Gillian Ingham	
Organiser	Jenny Bourne & Ann Scown	
Event timeline	Arena & Information Services open	9:00 am
	First start	11:00 am
	Last start	1:55 pm
	Welcome to Country	2:00 pm
	Presentations	2:30 pm
	Courses close	3:35 pm

DIRECTIONS

68 km, about 85 minutes from central Canberra.

Parking is **limited**. **Minimum of 3 people per car**.

No caravans, motor homes or camper trailers. These vehicles **will** be stopped at the gate on Old Boboyan Road. This is a 3 km walk to the arena.

For those who are carpooling, limited parking is available at Tharwa Bridge, Namadgi Visitor Centre, Naas Road (about 400 m south of the Apollo Road turn-off, just before the Gudgenby River crossing) and Glendale picnic area. Note that Boboyan Road is winding and steep in places.

Old Boboyan Road is a gravel road with 2 floodway crossings and is advised as a 4WD but passable by most 2WD. It is **not suitable for caravans, motor homes or camper trailers**.

From the centre of Canberra, take the Tuggeranong Parkway / Drakeford Drive south for 25 km. This becomes Tharwa Drive. Travel a further 8 km. After Tharwa Bridge, continue straight onto Naas Road, which after 11 km becomes Boboyan Road. Continue for another 19 km before turning right onto Old Boboyan Road. Follow for 3 km to parking and park as directed. **NO parking on the eastern side of Old Boboyan Road.** Parking may be up to 500 m from the arena.

Watch out for wildlife especially once leaving suburbia. Drive slowly and take care!

STOP THE SPREAD OF INVASIVE WEEDS

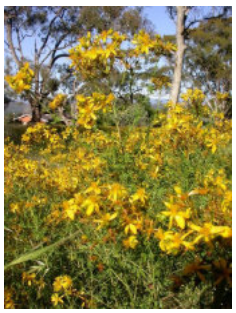
As a condition of our permission to use this area, the Namadgi National Park managers have requested that **all vehicles** must have their **car tyres and underbodies washed before** attending this event.

Please ensure that your vehicle's tyres are free from mud, grass, and other organic debris before driving to the event by using a pressure washer. A tyre wash is located at the Namadgi Visitor Centre (off Naas Rd, on the way to the event).

A **shoe wash** will be located at the entrance to the arena and on the way to the start.

These requirements are critical in the fight to ensure that invasive weeds such as African lovegrass and St John's wort are prevented from threatening native species such as swamp violet and Fisch's greenhood orchid.

African lovegrass (*Eragrostis curvula*) is a highly invasive and flammable perennial weed that threatens native ecosystems in Namadgi National Park. The aggressive tussock grass spreads rapidly – often transported by bushwalkers and vehicles – displacing native flora and dramatically increasing bushfire risks due to its high combustibility. It closely resembles native Poa tussocks and other pasture grasses, making early detection difficult.



St. John's Wort (*Hypericum perforatum*) is a declared pest plant in the ACT. It is highly invasive in local grasslands and grassy woodlands, crowding out native flora. It is toxic to native fauna and livestock, causing severe photosensitivity. This weed is notoriously difficult to eradicate due to its aggressive underground root system (rhizomes) and its ability to produce up to 100,000 seeds per plant.

The ACT Government and park rangers conduct targeted weed patrols, abseiling, and drone surveys to find and destroy isolated infestations before they establish dominance.

MIRIGANG (DINGOES)

Mirigang (dingoes) are a wild animal present in Namadgi National Park and competitors may occasionally encounter them in the terrain. The likelihood of a harmful interaction is considered low. However, their behaviour can be unpredictable. Do not approach, feed or attempt to interact with any animal. In the unlikely event that a Mirigang (dingo) approaches or follows you, stop running, face the animal, remain upright and slowly back away towards other people or a safe area. You may like to use a stick or shout to deter a dingo approaching. Do not turn your back or run away. Report any close encounter, persistent following or aggressive behaviour to Information Services Team.

PRESENTATIONS

The Ngunnawal people are the Traditional Custodians of the Australian Capital Territory and region. For time immemorial Ngunnawal people have maintained a tangible and intangible cultural, social, environmental, spiritual, and economic connection to these lands and waters. Read more about the Ngunnawal here.

We are honoured to have Tyronne Bell, a Ngunnawal Elder, to share a Welcome to Country and offer us safe passage on their ancestral lands, commencing at 2:00 pm.

Presentations will commence immediately after the conclusion of the Welcome to Country.

ARENA

Please pass through the shoe wash at the arena entry.

The arena has little shade or shelter. Be prepared to bring your own.

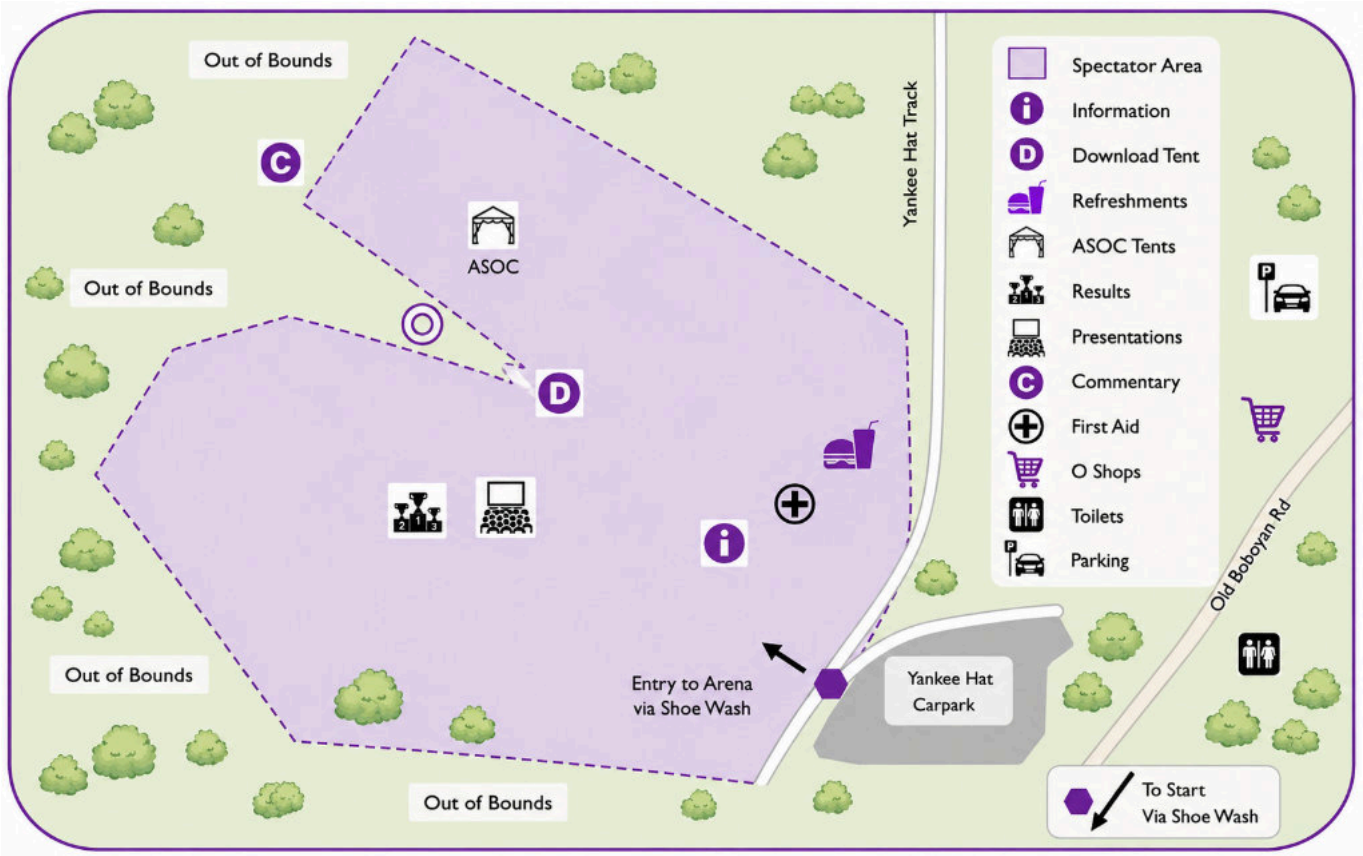
The Yankee Hat carpark and park toilet should **not** be used by orienteers. Please park as directed and use the portaloos provided.

CATERING

Marie from **Here's the Coffee**, a sausage sizzle, toasties, egg and bacon rolls, snacks plus hot and cold drinks.

WARM UP AREA & OUT OF BOUNDS

Competitors can warm up along the fire trail between the arena and the start. **The forest on the western side of the fire trail is STRICTLY out of bounds**.



TERRAIN & MAPPER'S NOTES

Bogong Creek sits on land formerly used as a pine plantation, now regenerated into native eucalypt bush over the past ~25 years. The regrowth is relatively young, resulting in lower than average visibility for Australian forest. Runnability is generally fast, with large expanses of open bushland broken by patches of semi-open vegetation, fallen timber can impact runnability in some sections. Bushfires in 2003 and 2020 have impacted the area.

The area consists of undulating hills interspersed with granite rock detail, becoming more complex and steeper toward the southern edge.

There are very few tracks in the area. Most are very indistinct and difficult to both follow or detect if you run across them.

There is a small area of erosion gullies in the southern end of the map.

Small areas of bare rock are mapped as open land (yellow), so that they are visible on the printed version of the map. Larger areas of bare rock are mapped in the standard grey.

Symbol 115 (prominent landform – △) is a termite mound.

COURSE PLANNER'S NOTES

The event uses traditional middle-distance course design, emphasising frequent short legs, regular changes of direction, high navigational intensity and continuous map contact. Bogong Creek contains pockets of lower visibility due to young eucalypt regrowth. In these areas, competitors who maintain strong compass discipline and close map contact will avoid unnecessary time loss. The area has more rock detail, lower visibility and steeper slopes the further south you come in the map.

NOTE FOR M/W21E & M/W20E

M/W 21E and M/W20E are **NOT** to visit the arena **PRIOR** to their start. After arriving, M/W21E and M/W20E competitors are to remain in the carpark area until they are ready to proceed to the start. You may warm up around the car parking area and on the way to the start, collect chest numbers from a dedicated Elite registration desk, and use the portaloos which are located outside the arena compound. We remind these competitors of the IOF and OA Fair Play rules – before you run, you must not discuss maps, courses or times taken with anyone who has visited the arena or completed their course.

COURSES / CLASSES

Course	Classes	Length (km)	Climb (m)	Number of controls	Drink points	Map scale
1	M21E, M20E	5.6	195	25	1	1:10 000 *
2	W21E, W20E	4.7	160	24	1	1:10 000 *
3	M35A, M18A	4.4	120	20	1	1:10 000
4	M16A, W18A	4.2	110	18	1	1:10 000
5	M40A, M45A	4.2	115	22	1	1:7 500 *
6	W16A, W35A, M21A	4.0	95	19	1	1:10 000
7	M50A, W40A	3.9	100	20	1	1:7 500 *
8	M55A, W45A, W21A, M20A	3.6	100	20	1	1:7 500
9	M60A, M65A	3.6	90	15	1	1:7 500
10	W50A, W20A, M55AS	3.3	80	16	1	1:7 500
11	M70A, W55A	3.0	70	14	0	1:7 500
12	M21AS, M75A, W60A	2.7	70	14	0	1:7 500
13	W65A, W70A, W55AS	2.3	55	11	0	1:7 500
14	W75A, M80A, W21AS	2.0	50	9	0	1:7 500
15	M85A, W80A	1.7	40	8	0	1:7 500
16	M90A, W85A	1.5	30	7	0	1:7 500
17	M14A, M Open B, M Junior B	3.6	75	18	0	1:7 500
18	W14A, W Open B, W Junior B	3.2	55	17	0	1:7 500
19	M12A, W12A, Open Easy	2.2	60	13	0	1:7 500
20	M10A, W10A, M/W10N, Open Very Easy	2.1	50	14	0	1:7 500

*** Courses 1, 2, 5 and 7 will have a map flip.**

START

The start is 1.1 km flat walk from the arena. The forest on the western side of the fire trail is **STRICTLY** out of bounds. There is one start for all courses.

Please pass through the **shoe wash** on the way to the start.

CONTROL DESCRIPTION SIZE

M21E: 50 x 180 mm **W21E:** 50 x 170 mm

SAFETY INFORMATION

Course closure: 3:35 pm

Safety bearing: east to the Old Boboyan Rd fire trail and then north to the Yankee Hat Carpark.

Some tracks on the map are indistinct at different times throughout the year. To aid the visibility on the land and to support competitors (particularly on courses 19 and 20), some tracks will have small blue flags in the ground to highlight where the track goes. These flags do not depict a taped route, they help show the track on the land.

SPECIAL SAFETY INFORMATION FOR COURSES 19 & 20

The river and marshy area on the western edge of the map is **not to be crossed**. The marsh has tall grass/reeds (mostly >1 m tall) and is distinct from open land. On the map it is shown with blue horizontal parallel lines.

Courses 19 and 20 will follow the edge of the marsh during their course. Please ensure younger competitors are aware.

TAPED ROUTES

Competitors on **course 20** will have 1 or more taped routes. Bundles of blue/pink/yellow streamers will be used.

View facing the marsh. The marsh is **NOT** to be crossed by **ANY** competitor.

Courses 19 and 20 will follow the edge of the marsh during their course.

THANK YOU TO CLINIC 88

Oceania 2026 is proud to have Clinic 88 supporting the carnival and our competitors.

Whether you're an elite athlete, regular competitor or simply love staying active, Clinic 88 offers a multidisciplinary approach to keeping you moving, recovering well and feeling your best. Their experienced Canberra team provides Physiotherapy, Exercise Physiology, Sports & Remedial Massage, Soft Tissue Therapy and Pilates Rehabilitation.

If Oceania leaves your legs feeling the effects of Canberra's hills and intense competition, visit Clinic 88 for expert treatment, recovery and ongoing support.

Macquarie Clinic – Belconnen 02 6253 2388

A big thank you to Clinic 88 for supporting Oceania 2026 and the orienteering community!

clinic 88

OCEANIA RELAY
SUNDAY 27 SEPTEMBER 2026

Location	Namadgi National Park
Google Maps link	maps.app.goo.gl/R3hYvnHsZRYd18oLA
Map	Honeysuckle Creek 1:10 000 & 1:7 500 5 m contours
Paper size	SRA4

Mapper	Fredrik Johansson	
Course Setter	Eoin Rothery	
Controller	Cath Chalmers	
IOF SEA	Gillian Ingham	
Organiser	Emily Walter & Thomas Walter	
Event timeline	Arena & Information Services open	8:30 am
	Briefing	9:30 am
	Mass starts	10:00–10:30 am
	2nd & 3rd leg runners mass start (approx.)	11:45 am
	Presentations	1:00 pm
	Courses close	1:45 pm

DIRECTIONS

53 km, about 55 minutes from central Canberra.

Parking is **VERY LIMITED**. Please ensure **at least 3 people per car**.

No caravans, motor homes or camper trailers.

For those who are carpooling, parking is available at Tharwa Bridge or Namadgi Visitor Centre.

From the centre of Canberra, take the Tuggeranong Parkway / Drakeford Drive south for 25 km. This becomes Tharwa Drive. Travel a further 8 km. After Tharwa Bridge, continue straight onto Naas Road for 10 km. Turn right onto Apollo Road. Follow for 10 km and park as directed.

Apollo Road is a narrow, windy and very steep road. It is **not suitable for caravans, motor homes or camper trailers**.

As a condition of our permission to use this area and to ensure that invasive weeds such as African lovegrass and St John's wort are prevented from threatening native species, the Namadgi National Park managers have requested that all vehicles must have their car tyres and underbodies washed before attending this event.

RELAY TEAM NOMINATIONS

The Oceania Relay Championships are an international competition. Official teams are comprised of three competitors from the same nationality – so there will be teams from New Caledonia, New Zealand and Australia. That is, you do not need to run in a club or state team, you can run with any competitor from your country.

For competitors who have entered the Oceania Relays, the procedure for nominating your team depends upon your situation. You have several options:

1. If you are selected in an Australian team for the ANZ Challenge, a New Zealand team or a New Caledonian team, then your team will be lodged by your national federation by **5:00 pm Friday 18 September**.
2. If you are an Australian running M/W21E or M/W20E, then your team will be lodged by your NOL coordinator by **5:00 pm Friday 18 September**. If you do not have enough team members from your state, or prefer to form your own team, please use option 3 below.

3. If you would like to form your own team, including with competitors from other states or clubs, please obtain agreement from your proposed teammates and submit the team details via the Relay team nomination form by **5:00 pm Monday 14 September**. The event organisers will transfer your team into the Eventor system as soon as possible so that you can check your entry has been correctly transferred.
4. If you are Australian and would like to be selected in a state-based team, you can contact your state/territory relay coordinator, who will have direct access to the Eventor system to enter your team by **5:00 pm Friday 18 September**.
5. If you are not in a team by Saturday 19 September, the event organisers will allocate you to a team. We will do our best to maximise the number of official teams, but it is possible that some teams will end up being unofficial, or will have less than 3 competitors.

If you have any questions about the above process, please contact the event organisers by emailing oceania2026@act.orienteering.asn.au and they will help if they can.

CHANGES TO RELAY TEAMS

We understand that injuries/illness/travel interruptions/changes of mind may mean that teams undergo last-minute changes. There will be paper forms at Information Services for you to lodge changes at the Oceania Middle Championships on Saturday 26 September. Late changes to teams due to injury or illness can be made until 3:00 pm on Saturday 26 September.

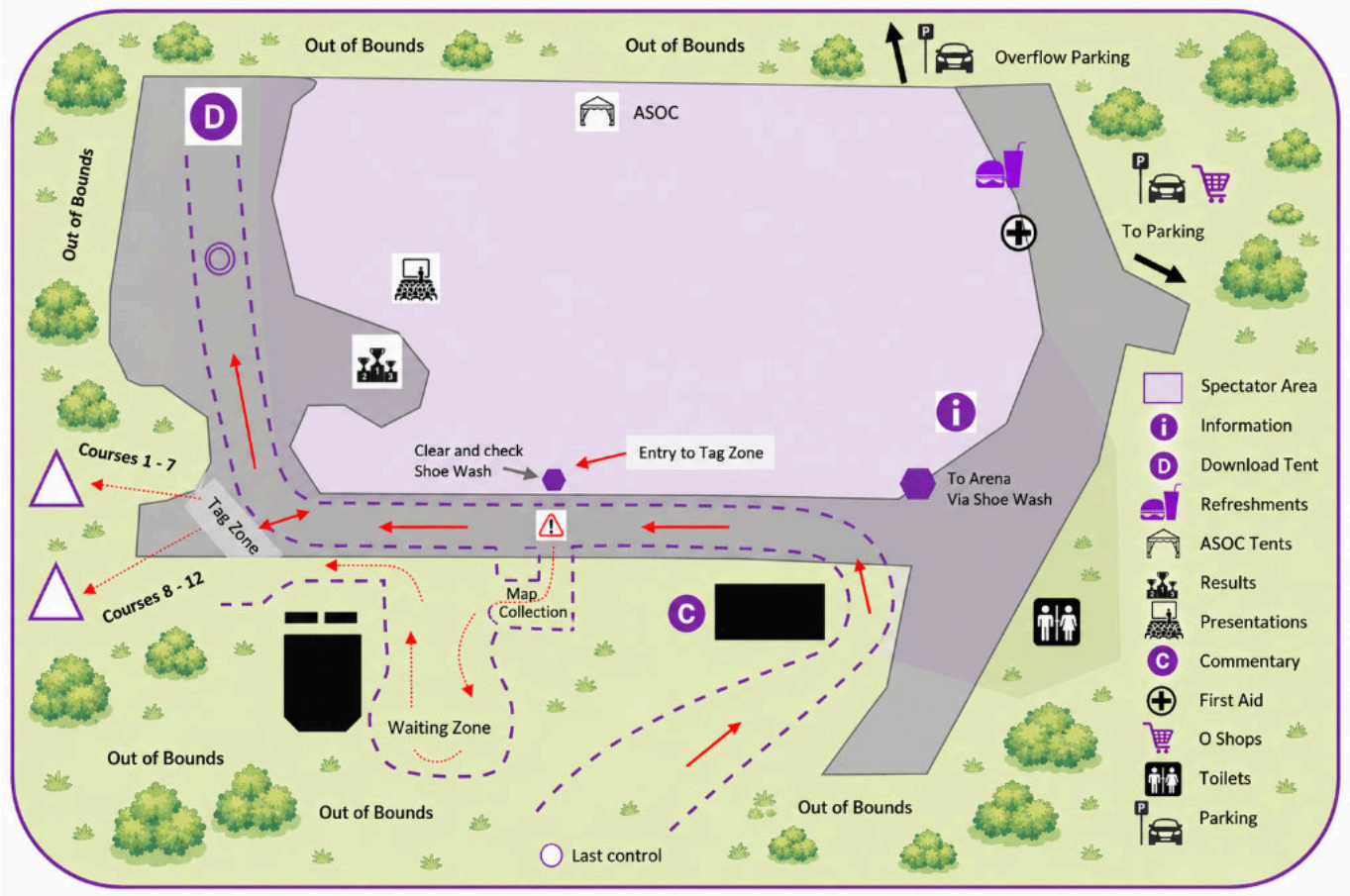
ARENA

A **shoe wash** will be located at the entrance to the arena and to the tag zone.

CATERING

Catering provided by **Embrace Disability Group**, a Canberra social enterprise that provides catering, mobile food vans, and BBQ cooking experiences, while creating meaningful employment for people living with disabilities.

EMBRACE
DISABILITY GROUP



TERRAIN & MAPPER'S NOTES

Honeysuckle Creek has been updated to current ISOM standard and using the latest highly accurate LIDAR data. Updates have been made sympathetic to the original mapping style, representing the unique granite rock formations of the region. There are areas of detailed rock, alongside more subtle contour features. Visibility and runnability are much reduced compared to the Oceania Middle distance.

Special note: Most brown dot knolls on the map are rock features protruding from the ground as shown in this photo:

COURSE PLANNER'S NOTES

This is a relay with many forkings, common controls, nearby competitors and closely located controls. Check your control codes. The vegetation will offer its own challenges. It's recommended that all but the hardiest Kiwis wear full body cover.

The Easy Course (M/W12 and Mixed Easy) will utilise a disused and overgrown track on the map. This will be marked in the terrain by bundles of blue/pink/yellow streamers.

Course 1 crosses an overgrown creek with deep channels. The map shows the best place to cross and is marked in the terrain by multi-strand pink/blue/yellow bunting.

WARM UP AREA & OUT OF BOUNDS

Competitors can warm up along Apollo Road. Take care of incoming traffic.

MASS START TIMES

9:30	Briefing
10:00	M21E, M20E, M18A, M16A, M21AS
10:05	W21E, W20E, W18A, W16A, W21AS
10:10	M35A, M45A, M55A, M65A, M55AS
10:15	W35A, W45A, W55A, W65A, M75A
10:20	M/W12A, M14A, MOpenB
10:25	W14A, W55AS, W75A, WOpenB, Mixed (Easy)
11:45	All remaining 2nd and 3rd leg runners

START / CHANGE OVER

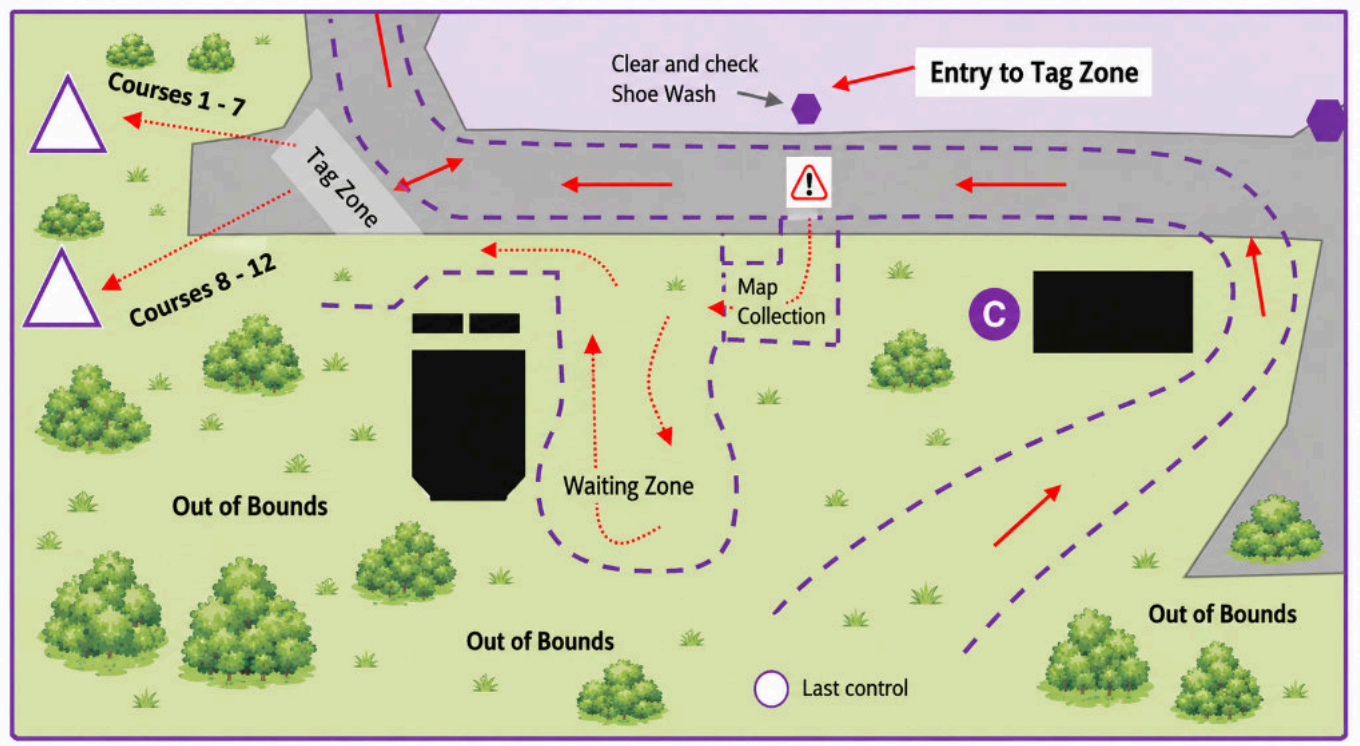
The start / change over area is adjacent to the arena. To enter this area, competitors must wash shoes, clear and check their SI stick, cross the finish chute (when cleared by the marshal to do so) and present themselves to the map distribution tent where they will be given the map corresponding to their chest number. See diagram on following page.

Maps will have your team and leg number marked on the back. Move to the waiting zone where you will be able to see your teammate punch the final control. While your teammate follows the taped route, move into the tag zone, ensuring you watch and leave sufficient room for other competitors tagging. Do not look at your map until you have tagged your incoming teammate.

There are 2 starts. Competitors with a white chest number (courses 1–7) go to start 1. Competitors with a purple chest number (courses 5B, 8–11) go to start 2. There will be marshals in the tag zone to assist if you have any questions.

There is **NO** spectator control. All courses will pass thorough at least one radio control part way through the course and another near the finish. Please keep an eye on the results displays showing radio passings, to be ready for change-over.

Second and third leg runners are advised to allow plenty of time to pass through the shoe wash, clear and check their SI stick, pick up their map and move to the tag zone.



COURSES / CLASSES

Course	Classes	Length (km)	Climb (m)	Number of controls	Drink points	Map scale
1	M21E	5.5	200	21	1	1:10 000
2	M20E, M35A	4.9	180	16	1	1:10 000
3	W21E, M18A	4.6	180	17	1	1:10 000
3A	M45A	4.6	180	17	1	1:7 500
4	W35A, W20E, M16A	3.9	130	13	1	1:10 000
5	W18A	3.6	130	13	1	1:10 000
5A	W45A, M55A	3.6	130	13	1	1:7 500
5B	Mixed (Hard)	3.5	130	13	2	1:7 500
6	W16A	2.8	90	10	1	1:10 000
6A	W55A, M65A, M21AS	2.8	90	10	1	1:7 500
7	W65A, M75A, W21AS, M55AS	2.1	75	9	1	1:7 500
8	W75A, W55AS	2.0	70	8	1	1:7 500
9	M14A, M Open B, Mixed (Moderate)	2.3	80	11	2	1:7 500
10	W14A, W Open B	2.2	80	12	2	1:7 500
11	M/W12, Mixed (Easy)	2.0	60	14	0	1:7 500

SAFETY INFORMATION

Course closure: 1:45 pm.

Safety bearing: east to the walking track or fire trail then north or south to the arena.

PRESENTATIONS

Presentations will commence at approximately 1:00 pm.

MONDAY RECOVERY RUN WITH BARRIO CC

The Barrio crew are putting on our running shoes and brewing our best coffee so come hang out with us on Monday morning. Cruisy 5 km around the wetlands starting and finishing at Barrio Roastery Fyshwick (don't go to Lonsdale St). Join us for some killer brews at $5 a cup, sweet AF Under pastries and a light jog*. We'll also have a little exhibit on in the roastery afterwards for anyone who wants to learn a little more about coffee.

**jog optional*

@BARRIOCC

Where: Barrio Collective Coffee Roastery,
1 Dairy Rd, Fyshwick ACT 2609
Plenty of parking! (For the orienteers among you, it's exactly where google maps says it is).

When: Monday 28 September
9:00 am meet up, run leaves 9:15 am.

Planned run is an out and back, just over 5 km.

Feel free to cut it short and for the elites a lap of that side of the lake and back to the shop is a great run (11 km).

Shop opens at 7:30 am for all who can't wait that long for their morning brew.

BARRIO

ASOC SPRINT & FLIGHT OF THE BOGONG DAY 1

TUESDAY 29 SEPTEMBER 2026

Location	Orana Steinar School, Weston
Google Maps link	maps.app.goo.gl/2dN1EqEzYmeVPpFbA
Map	Orana School 1:3 000 2 m contours
Paper size	SRA4 Courses 1, 2, 3, 5 and 6 have 3x A5 sized maps printed double-sided on the one sheet, with Parts 1 and 2 on one side, and Part 3 on the reverse side. Course 4 has 2x A4 maps printed double-sided, with Part 1 on one side and Part 2 on the reverse side. Courses 7 and 8 have one A4 sized map on one side only.

Mapper	Ewan Shingler, Mark Shingler
Course Setter	Ewan Shingler
Controller	Grant McDonald
Organiser	Dave Meyer
Event timeline	Arena & Information Services Open 8:00 am
	Independent Athletes first start 9:00 am
	ASOC Team Athletes first start 9:30 am
	Presentations 11:15 am
	ASOC courses close 11:40 am
	Public starts 11:45 am–12:45 pm
	Public courses close 2:00 pm

DIRECTIONS

11 km, about 15 minutes from central Canberra.

Parking is LIMITED. Please carpool if possible.

From the centre of Canberra, take the Parkes Way / Tuggeranong Parkway for 9 km. Exit and turn right onto Cotter Road and travel for 1.3 km. Turn left into Streeton Drive and after 250 m turn left into Unwin Street. Continue down Unwin Street for 450 m where the entrance to the arena is on your left. Park as directed.

There is **no thoroughfare** for competitors and their vehicles on **Hickey Court**. Access to the arena is **only permitted from Unwin Street**.

PARKING

ASOC BUSES

You will be directed to parking which is adjacent to the quarantine area.

INDEPENDENT ATHLETES

Please make yourself known to the parking official on Unwin Street. You will be directed to parking which is adjacent to the quarantine area.

FLIGHT OF THE BOGONG COMPETITORS

Parking on Unwin Street is very limited.

Once parking in this area is full, overflow parking is in the surrounding streets of Weston. On-street

parking can be found on the following streets: Tom Bass Terrace, Jerrems Crescent, Isherwood Street, Shiga Street, Sellbach Street, Heysen Street and Fetherston Place.

It is **your responsibility to park legally** in designated parking areas or on-street in accordance with any signage. **Please be considerate of residents**.

ARENA

Access to the arena is via Unwin Street **ONLY**. For those in the overflow street parking, make your way to Unwin Street via Tom Bass Terrace or by crossing Featherstone Gardens to the footpath that is located adjacent to Jerrems Crescent and Isherwood Street.

CATERING

Catering provided by **Embrace Disability Group**, a Canberra social enterprise that provides catering, mobile food vans, and BBQ cooking experiences, while creating meaningful employment for people living with disabilities.

EMBRACE
DISABILITY GROUP

QUARANTINE FOR ASOC & INDEPENDENT COMPETITORS

All athletes competing in the ASOC Sprint Championships must have signed into the quarantine area by **8:55 am**. Team officials may accompany their athletes into quarantine. However, once they exit they cannot re-enter. Athletes will have access to toilets and a warmup area while in quarantine. All mobile phones must be powered off and in athletes' bags. Team officials will be responsible for their athletes' belongings.

ASOC and Independent competitors and team officials are **NOT** to visit the arena prior to entering the quarantine.

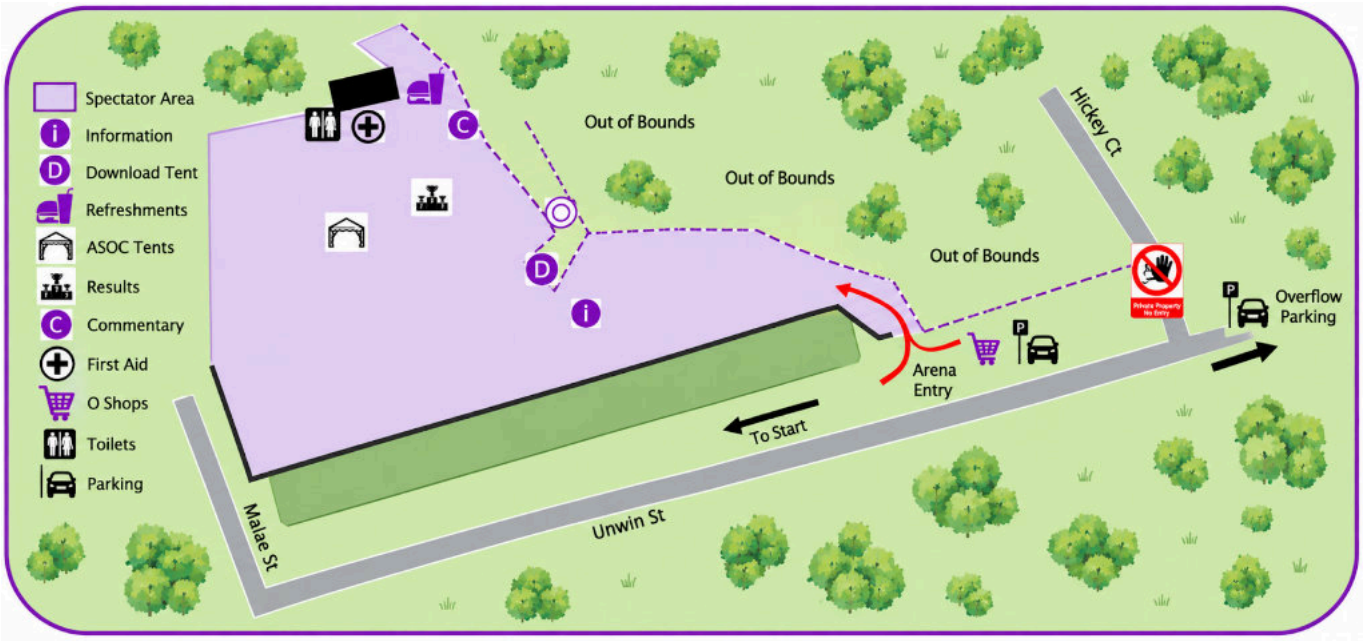
WARM UP AREA

ASOC & INDEPENDENT COMPETITORS

The warm up area is confined to the quarantine area.

FLIGHT OF THE BOGONG COMPETITORS

The warm up area is along the route to the start.



START

The start is 1 km from the arena. There is one start for all courses.

TERRAIN & MAPPER'S NOTES

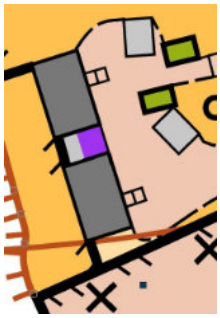
The black **X** (symbol 531) is used to map permanent man-made features: goal post, wooden platform, and a boat. Moveable wooden benches are not mapped.

The black **O** (symbol 530) is used to map playground equipment.

A temporary pile of logs is not mapped but is taped off with white OACT tape.

COURSE PLANNER'S NOTES

In some areas, artificial barriers may be used. If used, these are marked with a thick purple line on the map, and red-and-white tape in the terrain:



The map is divided into 2 campuses by a road. The NE campus is defined by small irregular buildings linked with canopies and passageways. These passageways are tight and dark. Please take extreme caution when turning into or running through these gaps.

The SW campus is more open with scattered garden beds. There are still tight passageways between buildings and care will need to be taken.

There is a daycare in the NE campus. Most competitors will run near to the entrance of the daycare. Please take care of people entering or leaving the daycare. The turning circle in this campus may be in use for drop off. Please be careful when running in this area.

There are many controls in a very small area. Take extra care to make sure you punch all of your controls.

The main road that splits the two campuses is out of bounds. There is one crossing point that is used on every course. You must **ONLY** cross the road at this point and **COMPLY** with any instruction given by the marshal. Failure to do so will result in disqualification.

SPRINT EVENTS FAIR PLAY

Out of bounds and forbidden to cross areas are marked on your map by olive green, dark green or purple (line or line and hatch). Some of these areas will also be marked in the field with red and white striped tape, and some will have marshals. Competitors will be disqualified for crossing or reaching across out of bounds and forbidden to cross areas.

SAFETY INFORMATION

Course closure for ASOC and Independent competitors: 11:40 am.

Course closure for Flight of the Bogong competitors: 2:00 pm.

PRESENTATIONS

ASOC presentations will commence at 11:15 am or once results are finalised.

There are no presentations for the Flight of the Bogong today.

COURSES / CLASSES

Course	ASOC class	Flight of the Bogong classes	Technical difficulty	Distance (km)	Climb (m)	Map flip
1	Senior Boys	Men A, Women A	Hard	2.8	30	Yes
2	Senior Girls	Men B, Women B	Hard	2.3	25	Yes
3		Men C, Women C	Hard	1.7	25	Yes
4		Men D, Women D	Hard	1.5	20	Yes
5	Junior Boys		Moderate	2.2	20	Yes
6	Junior Girls	Men E, Women E	Moderate	1.9	20	Yes
7		Men F, Women F	Easy	1.7	15	No
8		Men G, Women G	Very Easy	1.4	15	No

EXPLORE CANBERRA BETWEEN RACES!

Got some spare time during Oceania 2026? Canberra has plenty to keep competitors, families and supporters entertained.

🌿 **Go wild** at **Mulligans Flat Woodland Sanctuary**
Discover a remarkable conservation sanctuary and look out for bettongs, quolls, kangaroos, wallabies and native woodland birds.

🌲 **Get adventurous** at **Treetops Adventure**
Swap the control flags for the treetops and tackle ropes, obstacles and ziplines for a completely different kind of challenge.

🏊 **Swim / train / recover** at **Gungahlin Leisure Centre**
Perfect for an easy swim, workout or some well-earned recovery between races.

🏅 **Be inspired** at the **Australian Institute of Sport**
Step inside the world of Australian high-performance sport and discover where many of our elite athletes train.

🔬 **Explore / discover / play** at **Questacon**
Packed with interactive science, technology and hands-on fun, Questacon is a Canberra must-do for competitors of all ages.

MULLIGANS FLAT
WOODLAND SANCTUARY

Treetops Adventure

GUNGAHLIN
LEISURE CENTRE

AIS

Questacon

RACE HARD, RECOVER WELL, EXPLORE CANBERRA!

ASOC LONG & FLIGHT OF THE BOGONG DAY 2

WEDNESDAY 30 SEPTEMBER 2026

Location	Remembrance Park
Google Maps link	maps.app.goo.gl/k99T4DJWRQTzZLh87
Map	Mt Ainslie South 1:10 000 & 1:7 500 5 m contours
Paper size	SRA4

Mapper	John Shelton Agar	
Course Setter	Oscar Brown	
Controller	Phil Walker	
Organiser	Deirdre Sharkey & Andrew Bishop	
Event timeline	Arena & Information Services Open	9:00 am
	Independent Athletes first start	9:30 am
	ASOC Team Athletes first start	10:30 am
	Presentations	1:30 pm
	ASOC courses close	2:15 pm
	Public starts	2:00–3:00 pm
	Public courses close	4:30 pm

DIRECTIONS

2 km, about 10 minutes from central Canberra.

Approach Remembrance Park on Treloar Crescent from either Limestone Avenue or Fairbairn Avenue.

PARKING

It is **your responsibility to park legally**, in designated parking areas or on-street in accordance with any signage.

AUSTRALIAN WAR MEMORIAL

P2 Outdoor Carpark – Enter via Treloar Crescent.

P1 Underground Carpark – Enter via Fairbairn Avenue.

ON-STREET PARKING

Limited on-street parking is available in the surrounding suburbs of Campbell and Reid. Please note that on the streets listed, parking restrictions vary. **Please be considerate of residents**.

In Reid: Elimatta Street and Eurre Street around Reid Oval.

In Campbell: Cobby Street, Ferdinand Street, Rosenthal Street, Key Street, Ryrie Street, Glossop Crescent, Waller Crescent, Howse Street, Derrick Street, Jacka Crescent, Anzac Park.

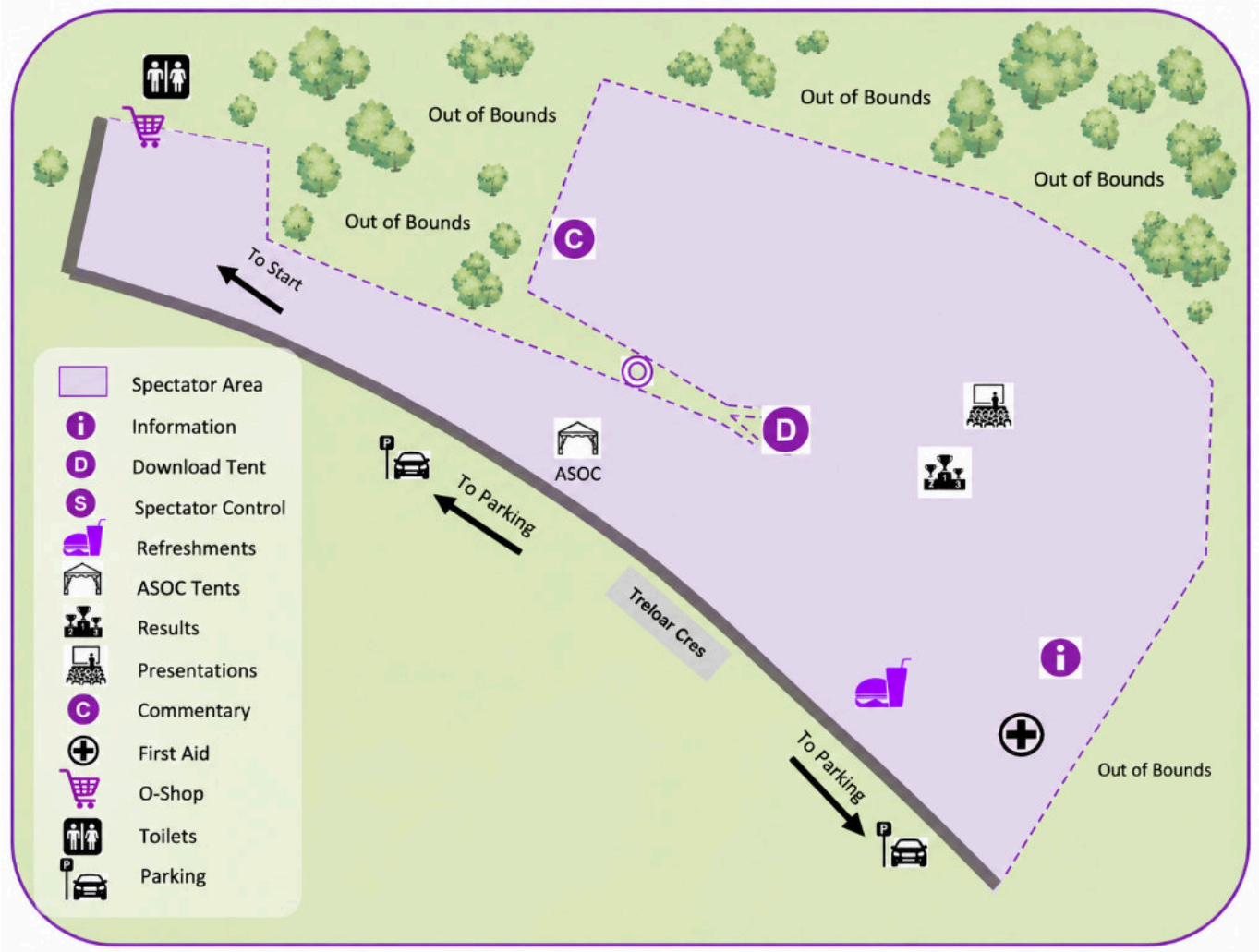
If you would like to drop off competitors before finding street parking, please use the War Memorial western carpark on Treloar Crescent, approaching from Limestone Avenue.

ARENA

The arena is Remembrance Park on Treloar Crescent.

CATERING

Marie from **Here's the Coffee**, a sausage sizzle, toasties, egg and bacon rolls, snacks plus hot and cold drinks.



WARM UP AREA & OUT OF BOUNDS

The Campbell High School Oval (to the west of the arena) is available to use as a warmup area.

START

The start is a 1.2 km walk with 40 m climb from the arena. There is one pre-start for all courses.

Courses 1–6 follow a 90 m taped route from the map collection point to the start triangle.

The start triangle for **courses 7–8** is at the map collection point.

TERRAIN & MAPPER'S NOTES

Mt Ainslie South is a new map produced using the latest LiDAR and the current IOF ISOM 2017-2 Jan 2024 specifications and principles.

The terrain is classic ACT hill-forest, predominantly spur gully, radiating down from the summit ridge.

Vegetation varies with slope, aspect and elevation with eucalyptus forest providing the canopy. The understorey is generally open, consisting of small to medium shrubs (Wattles, Bursaria and Cassina etc.) and tussock grasses. She-Oak (*Allocasuarina verticillata*) occurs on the map slopes and can form denser areas, impacting visibility and runnability.

Areas of granite features are evident throughout the mapped area with the steeper areas having a greater abundance of rocky ground. Rocks and termite mounds have been mapped only if they are over 1 m in height on their tallest side. There are many rocks and termite mounds close to a metre in height.

Larger watercourses are more evident on the lower slopes of the map, often at the foot of steep narrow gullies with areas of localised erosion.

COURSE PLANNER'S NOTES

The courses have been set with traditional long distance elements of route choice legs and high physical demands. However, they also reward precise navigation and test a wide variety of orienteering skills in steep slopes with small granite features, vague flatter areas and a pocket of mining terrain. The rock features are more difficult to see than on granite maps with larger rocks. Some courses pass above a small quarry and competitors should take care when near the cliff edge which will be marked with black and yellow striped tape. Courses 1–7 pass through a spectator control after completing 65% to 85% of their course.

All courses cross a fence between the Mt Ainslie Nature Park and the last control before entering the arena. The fence is crossable but may be difficult for some runners. There are 3 openings marked as gates and all courses have route options to use the gates.

Water is provided on course for all Hard and Moderate courses.

There will be a map collection for ASOC and Independent athletes who finish before the last starters on the ASOC courses.

COURSES / CLASSES

Course	ASOC class	Flight of the Bogong classes	Technical difficulty	Distance (km)	Climb (m)	Drink points	Map scale
1	Senior Boys	Men A, Women A	Hard	6.5	325	2	1:10 000 *
2	Senior Girls	Men B, Women B	Hard	5.1	230	2	1:10 000 *
3		Men C, Women C	Hard	3.5	175	1	1:7 500
4		Men D, Women D	Hard	2.6	100	1	1:7 500*
5	Junior Boys		Moderate	4.6	220	1	1:10 000 *
6	Junior Girls	Men E, Women E	Moderate	3.7	160	1	1:10 000 *
7		Men F, Women F	Easy	2.5	70	0	1:7 500
8		Men G, Women G	Very Easy	1.8	50	0	1:7 500

*** Courses 1, 2, 4, 5 and 6 will have a map flip.**

SAFETY INFORMATION

Course closure for ASOC and Independent competitors: 2:15 pm

Course closure for Flight of the Bogong competitors: 4:30 pm

Safety bearing: downhill to fire trails then south or west to the arena.

Orienteers are reminded that we do not have exclusive use of this reserve. This orienteering event will occur on shared trails. There may be other walkers, bike riders and horse riders utilising the reserve.

Please show respect to other users by moving to the left and letting others pass. If horse riders are encountered, orienteers must slow down, make them aware of their presence from a distance, negotiate a safe passing, and give them right of way.

PRESENTATIONS

ASOC presentations will commence at 1:30 pm or once results are finalised.

There are no presentations for the Flight of the Bogong today.

ASOC RELAY & FLIGHT OF THE BOGONG DAY 3

THURSDAY 01 OCTOBER 2026

Location	Pine Island Reserve
	maps.app.goo.gl/X9HdNCazxXyjUhsj9
Map	Pine Island 1:7 500 5 m contours
Paper size	SRA4
Mapper	Jon Glanville
Course Setter	Tara Melhuish
Controller	Tate Needham
Organiser	Liz Abbott & Jill Walker

Event timeline	Arena & Information Services Open	8:00 am
	ASOC Relay briefing	9:15 am
	ASOC mass start	9:30 am
	ASOC remaining runners mass start	11:15 am
	ASOC presentations	12:30 pm
	ASOC courses close	12:45 pm
	Public mass starts	
	A Classes	12:45 pm
	B Classes	12:50 pm
	C Classes	12:55 pm
	D Classes	1:00 pm
	E, F & G Classes	1:05 pm
	Queued starts	1:10–1:15 pm
	Flight of the Bogong presentations	2:15 pm
	Public courses close	2:30 pm

DIRECTIONS

24 km, about 25 minutes from central Canberra.

Parking is **LIMITED**. **Please carpool if possible**.

From the centre of Canberra, take Parkes Way / the Tuggeranong Parkway / Drakeford Drive south for 23 km. Turn right onto Athllon Drive. After 2 km turn left into Don Dunstan Drive then immediately right onto Pine Island Road to the parking. Park as directed.

ARENA

The arena is located up to 500 m from parking. Portaloos will be provided adjacent to the arena. Public toilets at Pine Island are **not** to be used.

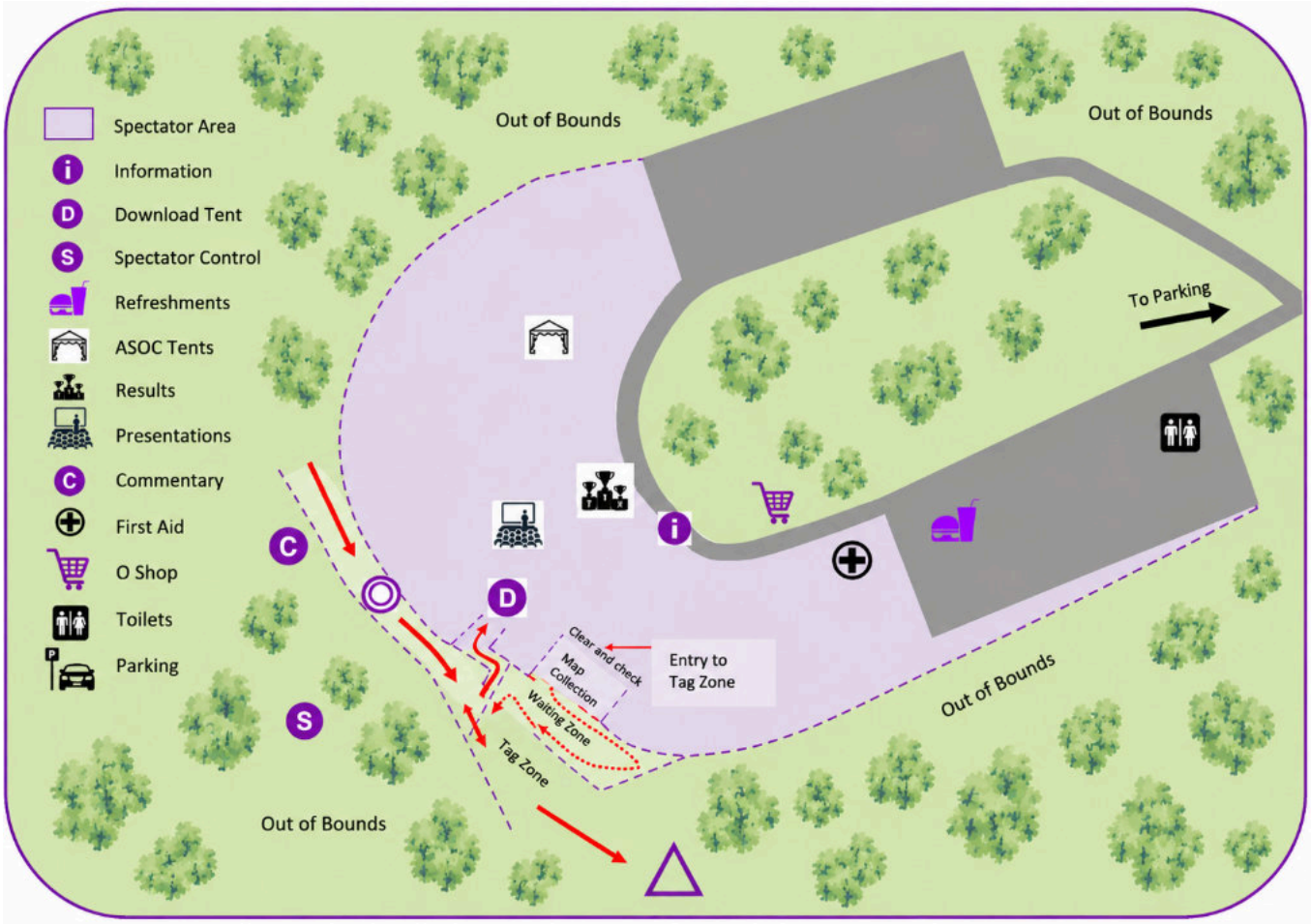
CATERING

Catering provided by **Embrace Disability Group**, a Canberra social enterprise that provides catering, mobile food vans, and BBQ cooking experiences, while creating meaningful employment for people living with disabilities.

EMBRACE
DISABILITY GROUP

WARM UP AREA & OUT OF BOUNDS

Competitors can warm up in the arena area.



TERRAIN & MAPPER'S NOTES

Varied terrain, including parkland, open forest, areas of rock detail and rough open land punctuated by knolls, depressions and erosion gullies.

Vegetation is dense in places, particularly on the slopes close to the Murrumbidgee River. There are extensive blackberry patches, mapped as fight on the map.

The black **X** symbol (531 prominent man-made feature) is used for park equipment, including tables and barbecues, and signs.

COURSE PLANNER'S NOTES

Runners can expect a fun mix of short, technical controls and more open, mid-length legs. As such, adjusting one's running speed accordingly will be key. Each relay course will contain one or more type of splitting, and there will be many controls close together in the terrain. Competitors should take care in ensuring they visit the correct controls in the correct order and check descriptions carefully.

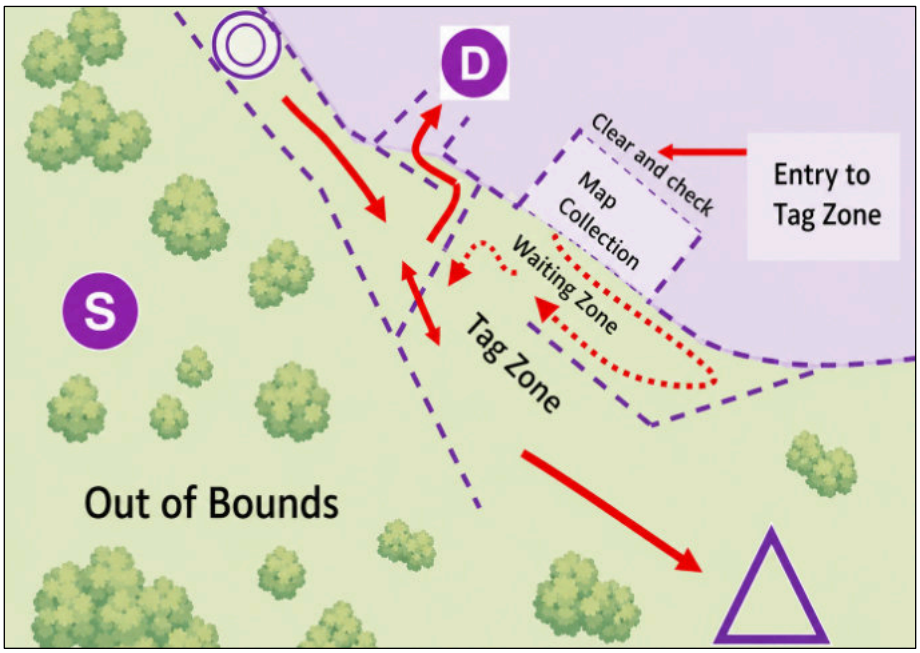
START & RELAY CHANGEOVER AREA

The start and relay changeover is at the arena (see diagram on following page).

Mass start competitors should clear and check their SI stick before entering the start zone. You will be handed your map upon entry to the start zone. You must not open your map until the start of the race.

The spectator control will be at approximately 80% of the way through the courses, providing 5–10 minutes warning to the next runner.

Outgoing runners will need to clear and check their SI stick, pick up their map and enter into the waiting zone. Once you see your teammate approaching the finish control, move into the tag zone, ensuring you watch and leave sufficient room for other competitors tagging. You must not open your map until you have tagged.



COURSES / CLASSES

Course	ASOC class	Flight of the Bogong classes	Technical difficulty	Distance (km)	Climb (m)	Map scale
1	Senior Boys	Men A, Women A	Hard	6.0	125	1:7 500*
2	Senior Girls	Men B, Women B	Hard	5.1	115	1:7 500*
3		Men C, Women C	Hard	3.4	80	1:7 500*
4		Men D, Women D	Hard	2.6	60	1:7 500*
5	Junior Boys		Moderate	4.3	95	1:7 500*
6	Junior Girls	Men E, Women E	Moderate	3.5	70	1:7 500*
7		Men F, Women F	Easy	2.3	45	1:7 500
8		Men G, Women G	Very Easy	1.7	40	1:7 500

* **Courses 1, 2, 3, 4, 5 and 6 will have a map flip.**

SAFETY INFORMATION

Course closure for ASOC and Independent competitors: 12:45 pm

Course closure for Flight of the Bogong competitors: 2.30 pm

Safety bearing: west to the Murrumbidgee River then north or south to the arena.

There will be a road crossing on all courses. Whilst the Pine Island Road is generally quiet, please take caution when crossing.

Full leg covering is recommended as there are areas of blackberries in the terrain.

Orienteers are reminded that we do not have exclusive use of this reserve. This orienteering event will occur on shared trails. There may be other walkers, bike riders and horse riders utilising the reserve.

Please show respect to other users by moving to the left and letting others pass. If horse riders are encountered, orienteers must slow down, make them aware of their presence from a distance, negotiate a safe passing, and give them right of way.

PRESENTATIONS

ASOC presentations will commence at 12:30 pm or once results are finalised.

The Flight of the Bogong presentations will commence at 2:15 or once results are finalised.

WILDFIRE SPORTS OCEANIA LONG
SATURDAY 03 OCTOBER 2026

Location	Stromlo Forest Park
Google Maps link	maps.app.goo.gl/5FzW5mZnDCpwwcqf7
Map	Mount Stromlo 1:15 000 & 1:10 000 & 1:7 500 5 m contours
Paper size	SRA3

Mapper	Martin Wehner	
Course Setter	Matt Crane	
Controller	Jo Allison	
IOF SEA	Gillian Ingham	
Organiser	Jo Hobson	
Event timeline	Arena & Information Services open	8:30 am
	First start	9:30 am
	Last start	12:40 pm
	Presentations	3:00 pm
	Courses close	3:40 pm

DIRECTIONS

15 km, about 20 minutes from central Canberra.

From the centre of Canberra, take the Parkes Way / Tuggeranong Parkway south for 9 km. Exit towards Cotter Road. Turn right onto Cotter Road and continue for 4 km as Cotter Road becomes John Gorton Drive. Turn left into Opperman Avenue. Continue for 1 km before heading straight onto Dave McInnes Road. Follow to parking area. Park as directed. **Parking fees apply**.

WARM UP AREA & OUT OF BOUNDS

Competitors may warm up on and around the cross country track to the north of the finish and on the route to the start.

There will be a reverse quarantine for M/W21E early finishers. Any M/W21E finishing prior to the last start for these courses will be required to remain in the allocated warm-down area (south of the arena) or the canteen room at the arena until the last starting time for M/W21E has passed. Cold drinks will be provided for you. Any early starter may leave their post-race refreshments and clothes at Information Services and these will be transferred to the canteen for when you finish.

We remind all competitors of the IOF and OA Fair Play rules – before you start, you must not discuss maps, courses or times taken with anyone who has completed their course.

START

The start is an easy 1.2 km walk from the arena. Competitors will cross Dave McInnes Road on the way to the start. This crossing point will be manned. There is one pre-start for all courses. There will be two start triangles. Courses 17, 20 and 21 will follow a taped route to their start triangle. Other courses will follow a different taped route to their start triangle.

ARENA

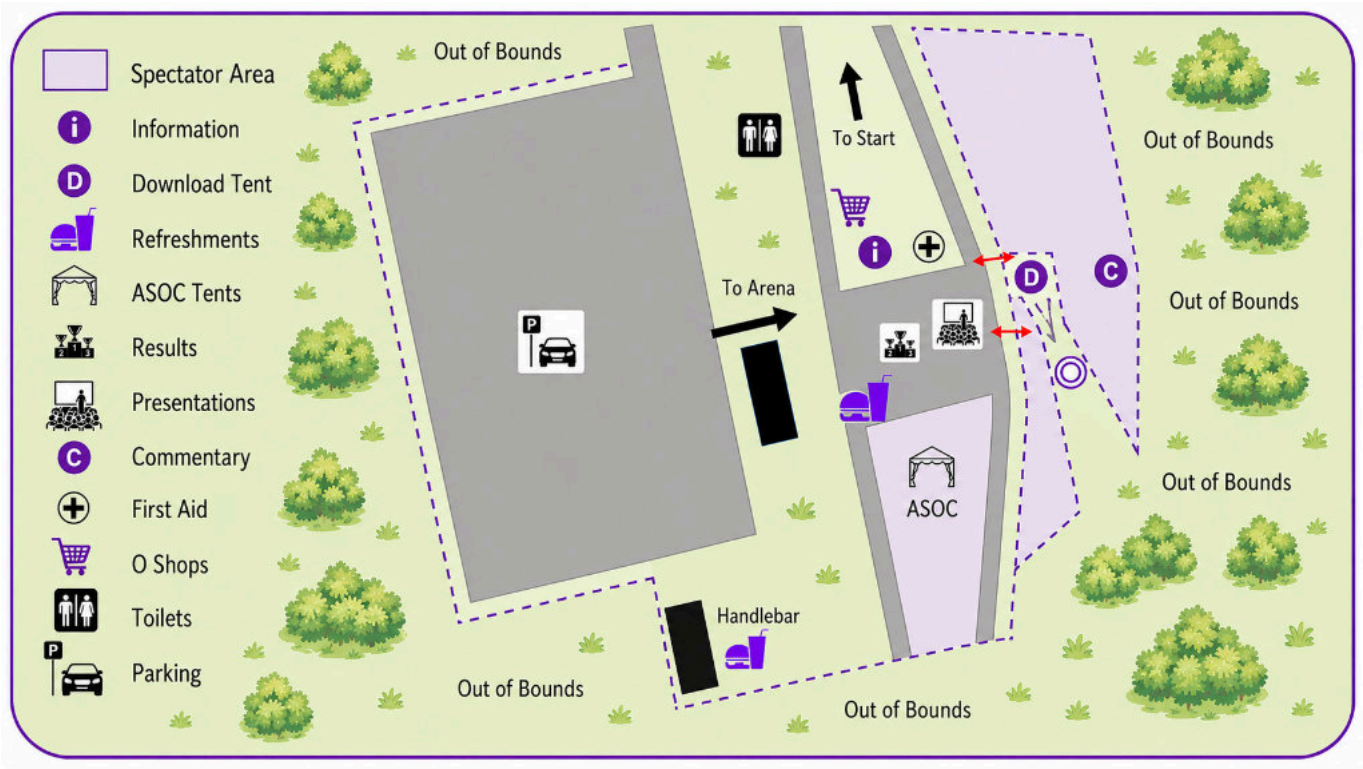
CATERING

Handlebar
RIDE. REST. REFUEL.

Onsite cafe offering jaffles, egg and bacon rolls, snacks, sweet treats plus hot and cold drinks.

Award winning Ice Cream Van offering homemade ice cream, milkshakes and slushies.

Delicious Mexican food with choice of Quesadillas, Taquitos and Nachos.



TERRAIN & MAPPER'S NOTES

Mount Stromlo is an iconic Australian sporting venue. For years it was famed as the stomping ground for Robert De Castella's long runs. Robert de Castella is one of Australia's greatest distance runners, competing at four Olympic Games, winning the marathon at the 1982 and 1986 Commonwealth Games and the 1983 World Championships. Since the 2003 bushfires it has been regenerated as a venue for world class Mountain Biking, Criterium Racing and Cross Country Running, having hosted major international races and national championships for each of these. It can now add orienteering to the list through the Oceania Long Distance Championships.

Mount Stromlo offers one of the most varied technically and physically challenging terrains in Australia. There are areas of fast open eucalyptus

forest, acacia forest, semi-open regrowth areas, low visibility she-oak forest and smaller areas of pine forest and kurrajong forest. The lower slopes on both sides are relatively flat but the higher slopes much steeper. There are patches of intricate rock detail, particularly on the higher slopes and on the western side. There is an abundance of mountain bike tracks and a BMX park, which provide technical orienteering challenges through the many jumps, which are mapped as knolls and small hills. In the southeast corner there is a series of technical erosion gullies scattered with intricate vegetation features. There is even an area of university campus style terrain on the summit.

There are fantastic views across Canberra and the mountains to the west. The mapping and planning team has thoroughly enjoyed our time preparing for the event and hope you will also.

The area is constantly changing, especially with new mountain bike tracks appearing on a regular basis and recent bushfire management activities to remove various trees and thickets. The map is up to date as at 31 August 2026 but it is possible that other changes may occur between then and the race.

Some parts of the map have infestations of blackberries. These have been mapped as dark green in as much detail as the map scale allows.

Rock features, although numerous, are typically smaller than those competitors will have encountered at the earlier events in Namadgi National Park. Some parts of the western side of the mountain have many areas of bare rock that are too small to show at the map scale but can appear obvious in the terrain.

Only the very largest isolated trees (usually huge eucalypts) have been mapped. Very small clearings have been shown in solid yellow for clarity.

Man made objects are represented by a black **X** (symbol 531) and consist of a wide variety of features such as car bodies, piles of wreckage, antennae, survey markers etc. Additionally, the competition area is crossed by several of Canberra's water supply mains. These large pipes are underground but their route is marked by large concrete valve chambers which protrude above ground level. These are mapped as black **O** (symbol 530) if round or a black **X** (symbol 531) if rectangular. Where there are dense clusters of chambers only the largest are shown.

COURSE PLANNER'S NOTES

Courses have been planned to make use of the variety of terrain types on offer.

Courses 20 and 21 have a taped route, as shown on control descriptions.

There are a few fences that some courses will cross. Most of these are easily crossable, and gates have been mapped. Where the fence is more difficult to cross, we have provided 3 additional optional crossing points, shown with overprint on the map.

Some longer courses pass near to a wedge-tailed eagle nest. The surrounding area will be **taped off as out of bounds** using red and white striped tape, with the taped area shown as purple overprint on the map.

For runners on **courses 15–17**, there is one small area with recent/ongoing construction work. You may encounter machinery and minor changes to paths/knoll features as mapped in that area.

Although Stromlo Forest Park has officially closed the mountain bike trails, it is **your responsibility** when crossing trails to carefully check for mountain bike riders.

PLEASE TAKE CARE AND BE ALERT TO CYCLISTS.

When crossing any mountain bike tracks in the BMX park, to avoid causing damage to the lip (the face of the jump) or in the belly (the bottom part of the curve) please do not run on these parts.

The sealed road to the summit is open to traffic. It is not a busy road but cars and bikes can be moving quickly. Please take care if your course crosses the road and stay to the side if you choose to run along it.

CONTROL DESCRIPTION SIZE

M21E: 45 x 186 mm W21E: 45 x 174 mm

COURSES / CLASSES

Course	Classes	Length (km)	Climb (m)	Number of controls	Drink points	Map scale
1	M21E	14.1	585	27	4	1:15 000
2	W21E	11.0	490	25	5	1:15 000
3	M20E	11.1	490	22	4	1:15 000
4	W20E	8.6	360	20	3	1:15 000
5	M21A, M35A, M40A	9.3	415	18	3	1:10 000
6	M18A, M20A, M45A, W21A, W35A	8.3	355	17	3	1:10 000
7A	W40A	7.0	280	16	2	1:10 000
7B	M50A	7.0	280	16	2	1:7 500*
8	M16A, W18A, W20A	6.4	275	14	2	1:10 000
9	M55A, W45A, M21AS	6.1	320	11	2	1:7 500
10	M60A, W50A, M20AS	5.6	240	11	1	1:7 500
11A	W16A	5.5	210	12	1	1:10 000
11B	M65A	5.5	210	12	1	1:7 500
12	M70A, W55A, M35AS, W21AS	5.2	130	16	2	1:7 500
13	M75A, W60A, M45AS	4.5	110	14	2	1:7 500
14	W65A, W70A, M55AS, W20AS, W35AS, W45AS	4.0	110	13	2	1:7 500
15	M80A, W75A, M65AS, W55AS	3.3	75	10	1	1:7 500
16	M85A, W80A, W65AS	2.6	45	9	1	1:7 500
17	M90A, W85A	1.5	30	7	1	1:7 500
18	M14A, M Open B, M Junior B	5.1	150	14	1	1:7 500
19	W14A, W Open B, W Junior B	4.3	115	11	1	1:7 500
20	M12A, W12A, Open Easy	2.2	35	6	0	1:7 500
21	M10A, W10A, M/W10N, Open Very Easy	1.9	20	10	0	1:7 500

*** Course 7B will have a map flip**

SAFETY INFORMATION

Course closure: 3:40 pm.

Safety bearing: East to the roads on the eastern side of the map where the arena is clearly visible.

Orienteers are reminded that **we do not have exclusive use of this reserve**. This orienteering event will occur on shared trails. There may be other walkers, mountain bike riders and horse riders utilising the reserve.

Please show respect to other users by moving to the left and letting others pass. If horse riders are encountered, orienteers must slow down, make them aware of their presence from a distance, negotiate a safe passing, and give them right of way.

PRESENTATIONS

The Oceania Long Distance Championships are proudly sponsored by Wildfire Sports. Presentations will commence at 3:00 pm or as soon as results are finalised.

PRIZES

- $200 gift certificate will be presented to each winner M21E, W21E, M20E, W20E
- A random prize among all mens category winners
- A random prize among all womens category winners.

thank you TO

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Wildfire Sports is a specialist outdoor and endurance retailer, supporting athletes and adventurers with quality gear for running, navigation, training and the outdoors. With a strong connection to the orienteering community, they are a great fit for one of the carnival's toughest and most demanding races.

Check out Wildfire Sports' online store for gear to help you race, train and explore with confidence.

A big thank you to Wildfire Sports for their generous support of the Oceania Long Distance Championships and the wider orienteering community.

wildfiresports.com.au

OCEANIA SPRINT
SUNDAY 04 OCTOBER 2026

Location	Australian National University
Google Maps link	maps.app.goo.gl/UJjmVT6uhLBZoaLe7
Map	ANU South 1:4 000 & 1:3 000 5 m contours
Paper size	SRA4

Mapper	Duncan Currie	
Course Setter	Duncan Currie	
Controller	Matt Stocks	
IOF SEA	Gillian Ingham	
Organiser	Chris Andersen	
Program timeline	Arena & Information Services open	8:30 am
	First start	9:30 am
	Last start	12:00 pm
	Courses close	1:00 pm
	Presentations	1:15 pm

DAYLIGHT SAVING

A reminder for all visitors to Canberra that **Daylight Saving** begins on **Sunday 4 October 2026**. At 2:00 am, clocks move forward one hour to 3:00 am, and Canberra changes to **Australian Eastern Daylight Time (AEDT, UTC+11)**.

DIRECTIONS

2 km, about 10 minutes from central Canberra.

The arena is located on the lawns in front of Old Canberra House. Access to the arena is **ONLY** permitted from the **SOUTH** via the allowed route along **Lennox Crossing**, accessed from **Lawson Crescent**. Arena access via Liversidge Street or Bachelors Lane is prohibited.

The ANU campus surrounding the arena is **STRICTLY** out of bounds prior to the competition and competitors arriving at the arena through the embargoed area will be disqualified.

Some roads and carparks east of the ANU campus will be closed due to construction of Canberra's light rail network. Crowds are also expected at Floriade ('Australia's Biggest Celebration of Spring') in Commonwealth Park. When planning travel to the event, please allow sufficient time to deal with potential disruptions.

CYCLING

We encourage competitors to cycle to the event where possible. Canberra is a bicycle friendly city and the arena is adjacent to the bike path around the lake. Avoid the embargoed area when cycling to the event and approach the arena from the south.

PUBLIC TRANSPORT

Competitors are **NOT** permitted to travel to the arena by bus, as the bus route passes through the embargoed orienteering area.

PARKING

For those travelling to the event by car, parking instructions depend on your age class. Depending on where you park, the distance to the arena could be up to 2 km. For all competitors, we encourage carpooling where possible.

It is **your responsibility** to park legally in designated parking areas or on-street in accordance with any signage.

ASOC BUSES & IOF CLASSES

Parking for ASOC buses and IOF classes **M/W 16A, 18A, 20E and 21E** is located at the northern end of the National Museum of Australia carpark. Competitors running IOF classes then follow the route from the parking area to the quarantine area.

ALL OTHER COMPETITORS

Limited parking is available at:

- 3 Barrine Drive Carpark (about 1.3 km walk to the arena along the lakeside shared path)
- National Film and Sound Archive Carpark (off McCoy Circuit)
- Repertory Lane Carpark
- On-street parking along McCoy Circuit and Gordon Street
- carpark on northern side of Gordon Street
- carparking areas off Childers Street adjacent to Llewllyn Hall and Nigel Brown Commonwealth Law Courts Building
- paid parking in New Acton Precinct Carpark and Wilsons Carpark via Phillip Law Street.

Parking is NOT permitted on Liversidge Street.

Competitors who need to cross Parkes Way after parking must use either Edinburgh Avenue or the pedestrian bridge at the south end of Marcus Clarke Street. Please take care when crossing roads, using pedestrian crossings where possible.

Do not walk through the ANU campus south along Liversidge Street before competing. After crossing Parkes Way, follow the lakeside shared path to the roundabout south of the arena and turn north onto Lennox Crossing. The arena is 200 m on the left.

The lakeside path is a busy **shared** path – you will encounter bikes, runners, walkers, prams and dogs. Please take care and do not impede other users.

ARENA

Toilets are located near the Lennox Crossing/ Lawson Crescent roundabout on your way to the arena, not in the arena itself.

No pegs or other ground penetrations are to be used in the arena. Club flags, tents or shade shelters must be secured without the use of pegs.

CATERING

Kinley from **Cafe Mantra** will provide a variety of food and drinks for competitors to purchase. The cafe is within Old Canberra House and can be accessed from the northern side of the arena.

QUARANTINE FOR IOF CHAMPIONSHIP CLASSES M/W 16, 18, 20E & 21E

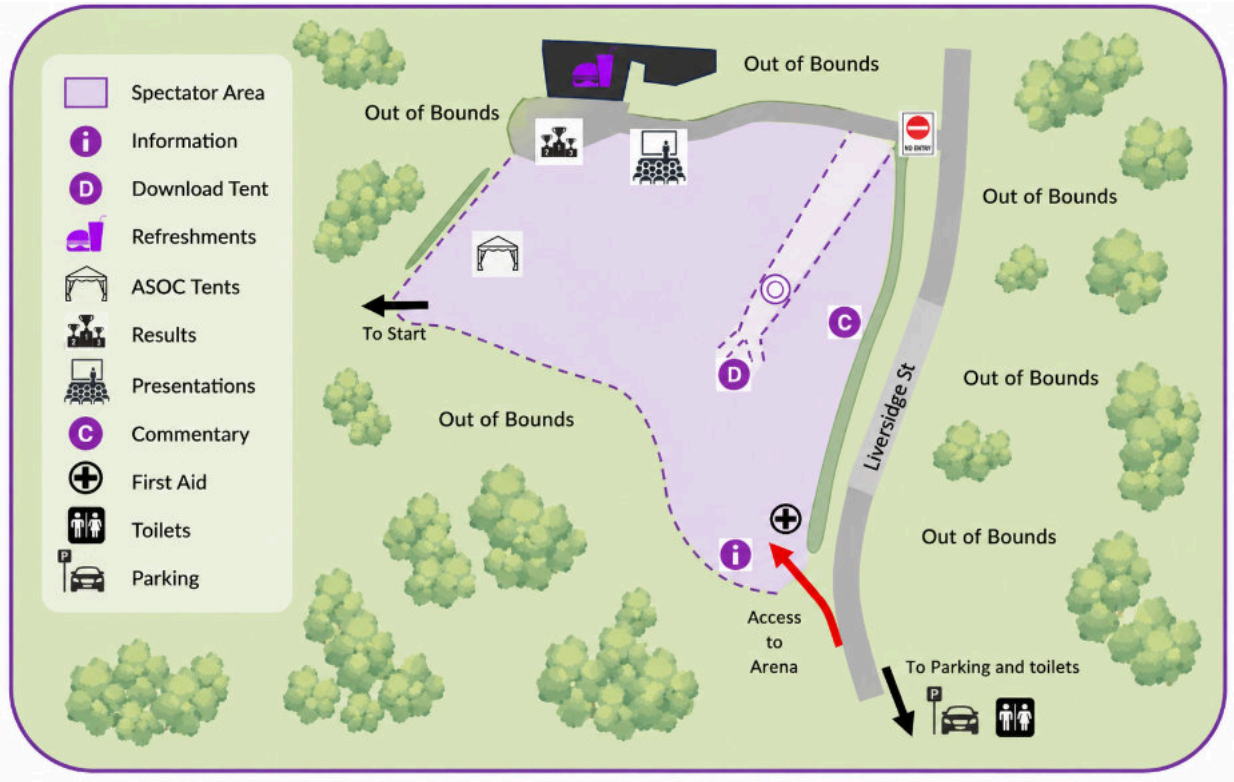
All athletes competing in the IOF championship classes have a pre-race quarantine. The entrance to quarantine is around 1 km from the parking at the National Museum carpark, follow the signs. These competitors must be in quarantine by **9:00 am**.

It is strictly forbidden for these competitors to visit the arena before quarantine. Fair play principles apply and it is also forbidden to obtain information from another person who has visited the arena or to talk to any other competitor outside the quarantine area.

A model map will be available at quarantine showing allowed warm up areas and the location of toilets. Competitors will leave quarantine at the −3 minute callup and can drop bags just before being called up, which will then be transported to the arena.

WARM UP AREA & OUT OF BOUNDS

Non-IOF class competitors can warm up only on allowed routes from parking to the arena, and on the route to the start. All other areas are out of bounds.



START

For non-IOF competitors, the start is 1.3 km from the arena. There is one start for all courses. Parts of the route to the start are a busy **SHARED** path. Please take care, keep left and do not impede other users.

TERRAIN & MAPPER'S NOTES

ANU is a typical university campus with large and small buildings, canopies, garden beds, lawns, paths and trees. The area has been completely remapped to the latest ISSprOM 2019-2 Jan 2024 specifications.

There are many sensitive areas of vegetation on campus which are forbidden to enter. In particular, near the arena there are several areas of endangered Box Gum grassy woodland. These will be marked on the map with the purple hatching and should not be entered before, during or after your run.

In general, almost all other vegetation areas are mapped as olive green and are also not to be entered. This includes garden beds, low vegetation, hedges, dense forest, and trees with a canopy reaching the ground. However, several areas of dirt/mulch are allowed to be run across and are shown with the open land symbol. Trees are generally mapped individually. The white forest symbol is used to show clumps of trees too close together to be mapped individually, or where overhanging tree branches slow running slightly.

Footpaths, parking areas and roads across the campus may be asphalt, concrete or hard gravel or dirt. These are mapped as paved. Boundaries between different types of paved area are generally not shown. Examples of a hard gravel paths:

In general, only one running level is mapped. However, there are some small multilevel areas. Stairs/ramps leading off the main running level are generally not mapped and will not be taped off. For legibility reasons, not all canopy areas are mapped.

The black **X** (symbol 531) and **O** (symbol 530) are used for prominent human made features. Picnic tables, seats, and benches are not mapped unless fixed or especially prominent. In general, large signs are not mapped.

Due to the sheer number of garden areas on campus and ANU's requirement that no pegs be placed in the ground, it is not logistically possible to tape off all out of bounds areas. In some cases, tapes may be strung between trees in the middle of the out of bounds area rather than around the edges to show that the area must not be crossed. Competitors should read their maps carefully to ensure they are staying out of forbidden areas.

COURSE PLANNER'S NOTES

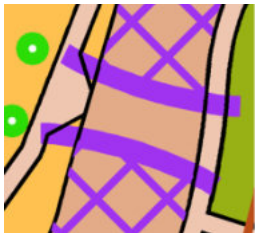
Welcome to the Australian National University, where you will find highly complex orienteering in one of the world's most beautiful university campuses! Competitors will need to stay focused to carefully navigate the complex and intricate paths, buildings and passages. Extensive changes since the map was last used in 2023 has ensured that even the most seasoned ANU veterans or O-geekers will be faced with new and exciting challenges.

There are numerous narrow passages and sharp corners in the terrain, and competitors should take care.

In some areas, artificial barriers may be used. If used, these are marked with a thick purple line on the map, and red-and-white tape in the terrain.

There may be some light vehicle traffic on campus during the event which competitors should watch out for. Roads and carparks where you may encounter moving cars are shown with the darker brown paved area symbol.

Some roads are marked as out of bounds (purple hatching on the map). These roads may be crossed only at pedestrian crossings, marked on the map as a crossing point. The out of bounds road will not be marked in the terrain, so it is the competitor's responsibility to read the map to check where they are allowed to cross. The ends of the crossing point symbol extend across footpaths/grass/paved areas beside the road, but it is always OK to run along either side of a busy road to access the crossing. Competitors should be aware that marshals will be observing these road crossings for compliance.



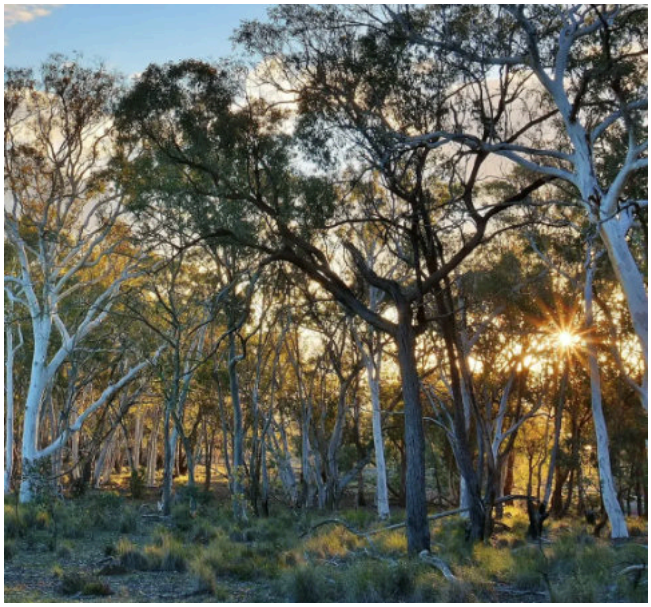
SPRINT EVENTS FAIR PLAY

Out of bounds and forbidden to cross areas are marked on your map by olive green, dark green or purple (line or line and hatch). Some of these areas will also be marked in the field with red and white tape, and some will have marshals. Competitors will be disqualified for crossing or reaching across out of bounds and forbidden to cross areas.

PROTECT THE BOX GUM GRASSY WOODLAND

On the western edge of the arena is an area of Endangered Box Gum Grassy Woodland. Around 92% of the original extent of the Box Gum Grassy Woodland has been cleared since European Settlement. In these woodlands, the canopy is typically dominated by Eucalyptus trees such as Yellow Box, Blakely's Red Gum, and White Box. The understorey is characterised by a highly diverse ground layer of native grasses and wildflowers (forbs), rather than dense shrubs. It is one of Australia's most cleared and fragmented ecosystems. Only a tiny fraction of its original extent remains, providing habitat for over 55 threatened species

Learn more: woodlands.org.au



COURSES / CLASSES

Course	Classes	Length (km)	Climb (m)	Number of controls	Drink points	Map scale
1	M21E, M20E, M18A	3.50	70	28	0	1:4 000
2	W21E, W20E, W18A	3.17	70	24	0	1:4 000
3	M35A, M40A, M45A, M16A	2.88	60	22	0	1:3 000
4	M50A, W35A	2.74	55	21	0	1:3 000
5	M21A, W40A, M55A, W16A	2.48	55	21	0	1:3 000
6	W45A, M60A, M65A	2.35	50	19	0	1:3 000
7	W21A, W50A, M70A, W55A	2.11	45	19	0	1:3 000
8	M75A, W60A, W65A	1.85	40	15	0	1:3 000
9	W70A, M80A, W75A	1.60	30	15	0	1:3 000
10	W80A, M85A	1.29	25	11	0	1:3 000
11	M90A, W85A	1.00	20	11	0	1:3 000
12	M14A, M Open B, M Junior B	2.59	55	22	0	1:3 000
13	W14A, W Open B, W Junior B	2.17	45	16	0	1:3 000
14	M12A, W12A, Open Easy	1.89	40	25	0	1:3 000
15	M10A, W10A, M/W10N, Open Very Easy	1.74	30	22	0	1:3 000

CONTROL DESCRIPTION SIZE

M21E: 55 x 204 mm W21E: 55 x 180 mm

SAFETY INFORMATION

Orienteers are reminded that we **do not have exclusive use** of the ANU precinct and National Museum of Australia peninsula. This orienteering event will occur on shared paths and crossing roads within the ANU campus. There may be other pedestrians and bike riders moving through the area.

Please show respect to other users by moving to the left and letting others pass.

The roads are not closed to traffic for this event. It is **YOUR responsibility** when crossing any road to check for traffic and observe any crossing restrictions marked on your map.

PRESENTATIONS

Presentations will commence at 1:15 pm or as soon as results are finalised.

"SPIRIT LEVELS" IN THE ANU INTERNATIONAL SCULPTURE PARK

Once you have finished your run, feel free to admire "Spirit Levels", an outdoor public sculpture created by Australian-French artist Christine O'Loughlin in 2001, located on the southern edge of the arena.

Featuring eight large, tubular spirit levels arranged in a row following the gully towards Lake Burley Griffin. It is a playful nod to the traditional builder's tool used to measure if a surface is perfectly flat or horizontal. By placing a giant surveyor's tool right in the landscape, the sculpture pays tribute to the history of land surveying, mapping, and European settlement in Australia.

"Spirit Levels" is part of ANU International Sculpture Park, an extension of the University's program of commissioned artworks which can be found in the context of most University buildings and open spaces. Read more in the ANU Sculpture Walk brochure.

THANK YOU TO MONT!

MONT has been supporting outdoor adventure for decades, with quality gear made for people who love exploring, racing and getting off the beaten track. From technical clothing and packs to equipment for running, hiking and travel, MONT is a trusted name for anyone who enjoys spending time outdoors.

For competitors visiting Canberra, make sure you take the opportunity to call into MONT and check out their range of outdoor and adventure gear.

Oceania 2026 greatly appreciates MONT's support of spot prizes for the carnival and the prizes for the 2026 ASOC Honor Team.

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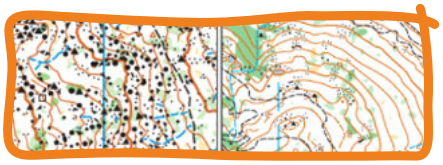
- The best orienteering experience before Easter!



** Details to be confirmed*

ORIENTEERING ACT

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NOL National Orienteering League