

AUS SCHOOLS ORIENTEERING CHAMPIONSHIPS 2026 29 SEP-01 OCT NGUNNAWAL COUNTRY

Australian Schools Orienteering Championships 2026

ASOC - Bulletin 1.3 (updated May 2026)

Invitation

Students from Australian States and Territories and New Zealand and other regional orienteering nations are invited to compete in the 2026 Australian Schools Orienteering Championships (ASOC), incorporating the Southern Cross Junior Team Challenge, as part of the Oceania Orienteering Championships Carnival 2026.

Location

The carnival will be held across Canberra (Ngunnawal country) stretching from Canberra CBD to Namadgi National Park. All maps are within a 75 min drive from Canberra.

We acknowledge Ngunnawal and Ngambri peoples as the traditional custodians of the land we will live and orienteer on and pay our respects to their Elders past and present.

ASOC26 is organised by Orienteering ACT in conjunction with Orienteering Australia.

ASOC26 coordinator contact: Allison Jones
email: 2026asoc@orienteering.asn.au

Intended Audience

This ASOC26 Bulletin is intended for all ASOC26 competitors and their support persons, team managers and coaches.

Program of Events

<https://oceania2026.orienteering.asn.au/>

Day	Date	Event	Location
Friday	25/09/2026	Arrival of teams to Canberra Park in late afternoon Dinner: 6:00pm	Canberra Park
Saturday	26/09/2026	Oceania Middle Distance Championships	Bogong Ck (new map) Namadgi Nt Pk
Sunday	27/09/2026	Oceania Relay Championships	Honeysuckle Ck Namadgi Nt Pk
Monday	28/09/2026	Rest day	
Tuesday	29/09/2026	ASOC – Sprint Flight of the Bogong Day 1	Orana school
Wednesday	30/09/2026	ASOC – Long Flight of the Bogong Day 2	Remembrance Park
Thursday	1/10/2026	ASOC – Relay Flight of the Bogong Day 3	Pine Island
Friday	2/10/2026	Rest day	
Saturday	3/10/2026	Oceania Long Distance Championships	Stromlo Forest Park
Sunday	4/10/2026	Oceania Sprint Champs Departure of teams	ANU South

Information for all ASOC competitors, including Independent Athletes

Entries

Entries close on 5 September for all Oceania Championship events.

ASOC entries should be completed by State/Team selectors. School aged students who are not members of representative teams (Independent Athletes) are warmly welcomed to participate and should enter themselves via Eventor – Entry by Independent Athletes - for each event.

Start draw

The opening ceremony and the start draw for all ASOC competitors for the ASOC sprint event will take place on Monday 28 September at Lyneham High School. All ASOC competitors, including Independent Athletes are welcome to attend and to invite family & friends.

T-shirts

Commemorative 2026 ASOC T-shirts will be provided to all state/NZ team members, including coaches and managers and are included in their cost. Sizes must be provided in the Team Manager google form by 16 August.

Independent athletes are also welcome to purchase the 2026 ASOC T-shirt at the cost of \$20 per shirt. Orders need to be collated and paid through the Independent Athlete coordinator Mary Ann Kulh makulh@gmail.com so she can provide me with final numbers and sizes on 16 August.

Working with Vulnerable People (WWVP) checks in the ACT

Team managers and coaches **may** need to apply for an ACT WWVP check, because you have regular contact with vulnerable people while working or volunteering in a regulated activity. If you need to, you must apply for a WWVP check and receive a WWVP registration card.

<https://www.accesscanberra.act.gov.au/business-and-work/working-with-vulnerable-people/working-with-vulnerable-people-scheme>

You **do not** need to apply for a WWVP card if any of the following apply:

- your contact with vulnerable people is 'incidental contact'. For example, you work in the same building as a vulnerable person but have no physical contact, face-to-face or other communication with them.
- you only work or volunteer with vulnerable people in a job which needs you to be registered with the Australian Health Practitioner Regulation Agency
- you're under 16 years old

- you're not working or volunteering for more than 3 days in a 4-week period or 7 days in a 12-month period
- you have a valid Working with Children Check or equivalent from another state or territory AND you're not working or volunteering for more than 28 days in any 12-month period.

Presentations

Presentations for the ASOC Open Individual and ASOC Relay events (including the Southern Cross Junior Challenge) will be made on the day of the event in the arena.

ASOC 2026 Rules

More information about ASOC, including the Rules and Conditions of Competition is available on the Orienteering Australia website: [Current ASOC Rules updated April 2026](#). Please note Clauses 3.2.2 and 3.2.3:

3.2.2

The Competition Cohorts shall be as follows:

- Boys 19 years and under
- Girls 19 years and under
- Boys 15 years and under
- Girls 15 years and under

3.2.3

Each OA affiliated state/territory may nominate a State Team, or in the case of the NT, may nominate a specific NT team, with a maximum of twenty (20) Competitors and four (4) team officials, dependent on host state capacity. The State Team will consist of a maximum of seven (7) runners in each Competition Cohort. No reserves are nominated.

Any State Team competitor in any Competition Cohort is eligible to earn individual points which contribute to State Team points and receive awards.

Late replacements/inclusions of State Team competitors are permitted. The final composition of any State Team or Invited International Team must be declared at or before the Pre-Event Meeting at the beginning of ASOC and the appropriate documentation stating the composition of the team is provided to the Organising Body. After this point no change is permitted to the composition of any State Team or Invited International Team during the conduct of ASOC.

Rest Days

Monday and Friday are designated rest days.

In the later bulletin, we will provide suggestions for fun activities teams may wish to consider.

State Team presentations

A presentation evening for State/NZ Teams will be held on Thursday 1 October at Lyneham High School. Presentations for the Team's competition and overall State Champion Team will be made on this evening including the announcement of the Australian Honour Team. The Southern Cross Junior Challenge Team competition will also be announced.

Independent competitors

Independent competitors are warmly invited to join the Development Camp, currently planned location at: <https://aliviotouristparkcanberra.com.au/>.
Contact Mary Ann Kulh for further details: makulh@gmail.com

Team personnel, Independent Athlete Camp personnel or where Independent Competitors are residing with their parents/guardians, all will be required to provide supervision & transport to & from all events including the social events.

All Independent Competitors will be required to be supervised by a designated adult whenever in attendance at any ASOC Social events.

Information for selected state and NZ teams only

Arrival

Teams should travel to Canberra on Friday 25 September and aim to arrive at their accommodation at [Canberra Park](#) in the late afternoon. The drive is approximately 15 minutes from Canberra Airport. Dinner will be served around 6pm, and will not be able to accommodate late arrivals.

Discovery Parks - Canberra
26 Old Well Station Road
Gungahlin ACT 2912

Departure

Departure will be on Sunday morning October 4. Checkout from Canberra Park will be after breakfast & before leaving for the final day's event.

Transport

Teams will be able to park their minibuses at Canberra Park and use them to transport the teams to & from each event. Parking will be in the bus bays, with overflow parking available. All events will be accessible to 2-wheel drive vehicles unless very wet.

Accommodation for State Teams and NZ teams

All Australian & New Zealand Schools teams, managers & coaches will be staying at Canberra Park for the entire week.

Canberra Park provides all linen, towels and pillows. Rooms and Pods are accessed via key cards. Each room has reverse-cycle air conditioning, and opens onto a communal area within a pod, enabling supervision and privacy. WiFi available, with filtered access for young people.

Student rooms are 4 per room (2 bunks), with an ensuite bathroom/shower/toilet for each room.

Manager rooms are 2 per room (2 single beds) with an ensuite bathroom/shower/toilet for each room. There are a small number of 'coach/bus driver' rooms we can also use for sick bay rooms if needed.

In each pod, there are 15 x 4-person student rooms, and 5 x 2-person manager rooms. ASOC will have 3 identical 'pods' in close proximity. Organisers will attempt to group each State team together within the same pod. Other pods at Canberra Park will be in use by other student groups not part of ASOC. A large common dining room will be used for all students staying onsite.

Example of 4 person- student room – each room has an ensuite.



Example of 2 person Coach/Manager Room – each room has an ensuite



Each pod has a large common area that has a large TV/AV screen that can be used. We will coordinate allocated time for these facilities across teams for team meetings. There are no other specific meeting rooms available on site.

The opening/closing presentations and disco will be off site at the Lyneham High School hall (~ 10 minutes by car).

There is a very large oval we can use, and various covered outdoor space.

Meals

Meals will be provided by Canberra Park who are very experienced in catering for 400+ school students every day throughout the year. Dietary requirements will be catered and must be advised on the Team information Sheets. An example menu for this week at Canberra Park is provided as an attachment, noting that dietary requirements will be accommodated.

Teams may utilise the camp kitchen facilities for small food prep, but must be respectful of others staying onsite.

Laundry


Self-service laundry facilities (6 dryers and 6 washing machines) are available for use by teams. Washing detergent is automatically included /dispensed in the machine. Tap credit card system, \$5 per wash and \$4 for dryers (current price).

Costs

Cost for the ASOC week of accommodation, food, presentations, T shirt, entries to the ASOC events will be **\$1450 per person** (\$1360 per team coach/manager).

Team managers should also take into account the Oceania event entry costs, bus costs, fuel and various tourist opportunities on the rest days.

Attachment: Sample Menu at Canberra Park



WEEKLY MENU 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Scrambled eggs Bacon Hash browns Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Beef chipolatas Pancakes Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Bacon French Toast Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Hash brown Beef Chipolatas Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Pancakes Bacon Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Hash Brown Beef Chipolatas Yoghurt Fresh fruits Cereal Toast Pc spreads	Scrambled eggs Bacon French Toast Yoghurt Fresh fruits Cereal Toast Pc spreads
Chicken mayo & lettuce Sliced bread Packet snack or baked treat Bottled water Fruit	Roast beef, pickle & cheese Sliced bread Packet snack or baked treat Bottled water Fruit	Turkey salad Sliced bread Bottled water Packet snack or baked treat Fruit	Ham, Cheese & tomato Sliced bread Packet snack or baked treat Bottled water Fruit	Chicken & salad Sliced bread Packet snack or baked treat Bottled water Fruit	Ham salad Sliced bread Packet snack or baked treat Bottled water Fruit	Turkey & cheese Sliced bread Packet snack or baked treat Bottled water Fruit
Butter chicken with basmati rice and steamed greens	Chicken schnitzel with baked jacket potato, and vegetables	Homemade Beef Bolognese served with pasta and garlic bread	Marinated chicken cutlets served with Fried Rice & steamed vegetables	Crunchy crumbed fish, tartare sauce served with steamed potatoes and vegetables	Roasted chicken with baked potato, beans and salad	Hamburgers with crispy potato wedges and salad
Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette	Garden salad with a french vinaigrette
Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert